



**National
Health Freedom
ACTION**

NHFA

2025 Annual Report

www.nationalhealthfreedomaction.org

A MESSAGE FROM THE PRESIDENT



Jerri Johnson, President

Dear friends,

This is a crucial time for health freedom. Things are changing rapidly, and NHFA is working to keep your health freedom paramount. Corporate influence, as always, is working nonstop to keep corporate profits coming in by promoting their products, even when some products are detrimental to human health. And federal and some state governments are hesitant to pass bills that protect citizens, given the political and financial pressures. At the same time, new citizen groups are being activated that are working to protect health and freedom and make change for the better.

NHFA is working with citizen groups in many states - to pass safe harbor legislation to make sure that holistic practitioners can practice legally - to support efforts to roll back vaccine and other mandates - to prevent new mandates from emerging. More than ever, people are becoming aware of the importance of standing up for their health rights, and wanting to learn what they can do to enhance their rights. NHFA is there to help lead them. If you want to make changes for health freedom in your state, reach out to NHFA. We will help you!

Now is a crucial time for health freedom and we are working every day to protect your rights.

Thank you for your support that makes our work possible!

Jerri Johnson
President, National Health Freedom Action

Meet the team:



Lynette Albrecht



Larry Hanus, DDS



Diane Miller, JD
Law & Public Policy Advisor



Judy Buroker
Executive Office Administrator



Julie Booras
Public Outreach & Development



Jerri Johnson
President



Karen Moriarty,
DC



Leo Cashman
Accountant



Steven O'Connor
Staff Attorney



Nate Gorman
Leg. Policy Advisor

BOARD OF DIRECTORS



Petra Brokken
Staff Attorney



Lauren May
Fundraising

NHFA STAFF

At NHFA, we envision an America where health freedom is a fundamental right—where individuals and families can choose their own path to wellness and have access to a full spectrum of practitioners, therapies, and products, free from undue interference.

In 2025, the fight for health freedom continues—but so does the growing strength of the movement. Across the country, more citizens are stepping forward, standing united, and turning concern into action. From coast to coast, advocates are not only pushing back against efforts to limit personal choice—they’re driving forward strong, proactive legislation to protect and expand those rights.

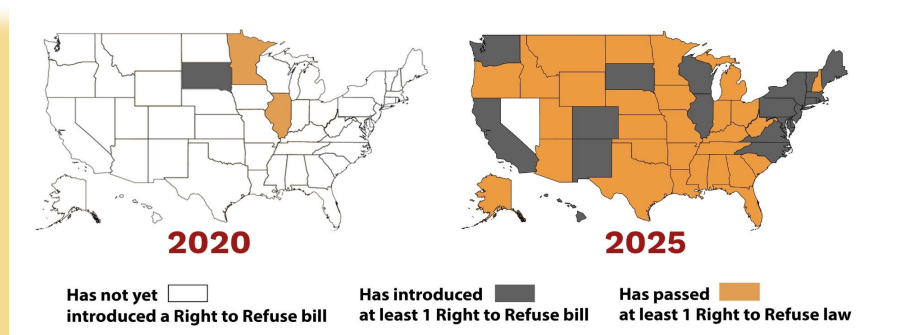
NHFA attorneys have assisted local groups in VT, CA, SC, and MA working on right to refuse legislation that protects bodily autonomy.

Right to Refuse by Numbers 2020-2025

49 states across the nation have filed over **1500** bills that explicitly PROTECT bodily autonomy.

29 states have passed a total of **93** new laws, plus **9** resolutions.

10 new laws were passed in **2025!**



Many states still lack meaningful legal protections for health freedom. In some places, coercive medical mandates persist, with access to employment or education still tied to specific medical interventions. That’s why our work—supporting and guiding state groups to advance protective laws—remains both urgent and essential. While progress is being made, much more must be done to ensure a future where every individual can make personal health decisions free from pressure or coercion.

We remain committed to protecting every individual’s right to choose their own path to health...

and to equipping citizens with the tools and knowledge needed to defend those rights.

NHFA protects the right of practitioners to practice the healing arts

Safe harbor practitioner exemption legislation protects access to healers. These laws ensure that complementary and alternative health care practitioners such as traditional naturopaths, homeopaths, energy medicine practitioners, and herbalists cannot be shut down or criminally charged for practicing their vocations without state licenses, as long as they avoid a list of prohibited acts and as long as they give out proper disclosures to their clients.

NHFA attorneys supported Safe Harbor efforts in 14 states in 2025, while also defending existing protections from regulatory erosion including Arizona, California, Colorado, Connecticut, Florida, Kentucky, Maryland, Massachusetts, New Hampshire, New Jersey, Oklahoma, Oregon, Pennsylvania, Tennessee and Texas.

Safe harbor laws provide a practical way for states to assure continued consumer access to, and the availability of, complementary and alternative health care practitioners.

Expanded Care Practices Act

NHFA continued advancing its Expanded Care Practice Act model, designed to protect licensed practitioners who responsibly use alternative and integrative approaches.

2025 Efforts Included:

- Updated and recorded Expanded Practice Model Act educational video
- Statutory research in Texas, California, Massachusetts, and New Mexico
- Analysis of medical discipline cases to inform legislative strategy

Core Principles:

Freedom to provide treatments outside of the prevailing standard of care, provided that:

- There is no greater risk than from conventional treatment
- Provided with reasonable skill and safety
- There is full disclosure and informed consent

NHFA action alerts

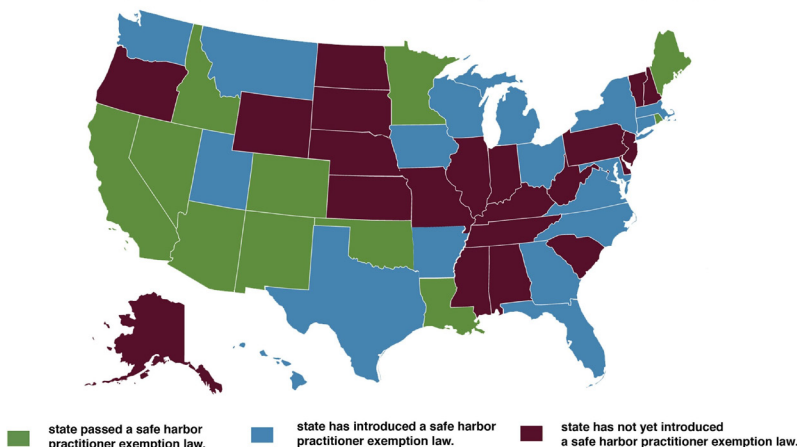
One of the most powerful ways individuals can shape our nation's laws and protect health freedom is by actively engaging with lawmakers, building relationships with them, and advocating for legislation that protects health freedom while opposing laws that threaten health freedom.

In 2025, NHFA supporters took 78,400+ direct actions through our advocacy platform—responding to urgent calls to action to support or oppose legislation impacting health freedom.

NHFA's advocacy software gives us the ability to publish action alerts to keep everyone informed and give them a way to write directly to their lawmakers.

These actions represent real people engaging in the democratic process to defend bodily autonomy, protect practitioner access, and push back against coercive health policies. This level of engagement demonstrates the growing strength and reach of the health freedom movement—and the critical role NHFA plays in activating informed, effective citizen advocacy.

Is there a Safe Harbor Practitioner Exemption Law in Your State?



In 2025, NHFA supporters took 78,400+ direct actions through our advocacy platform

NHFA educational outreach

Virtual Presentations

Educational outreach remains central to NHFA's mission. Together with our sister organization, National Health Freedom Coalition (NHFC), NHFA gave numerous presentations in 2025 helping people understand how laws impact their freedoms and how they can become active in driving policy changes.

Changing State Laws to Support Integrative Healers

Steven O'Connor & Petra Brokken – National Health Federation
March 21

Expanded Care Practices Act

Diane Miller – Integrative Oncology Working Group - May 18

Licensure and Legal Issues for Homeopathy: Is it beneficial to have a license to practice homeopathy?

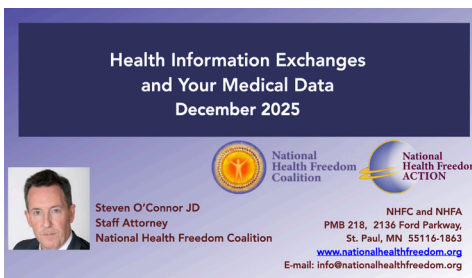
Petra Brokken – North American Society of Homeopaths - June 16

Health Care and Healing Practitioners, and the Law

Diane Miller – World Health Congress, Prague, October 3–5



Attorney Steven O'Connor of NHFA has been actively supporting state groups working on **Right to Refuse legislation through a series of impactful presentations and resources.**



- Health Information Exchanges
- New Right to Refuse Bills Across the United States
- Executive Orders and Health: MAHA and Selected Federal Actions
- Freedom vs. Bans: The Case of mRNA and Related Technology
- Vaccine Liability History and Federal Reform Efforts
- 100 Days of Making America Healthy Again
- New Vaccine Case Rulings

In Person Conferences & Presentations

Florida Herbal Conference – Winter Park, FL – March 1
Nate Gorman – Represented NHFA



American Herbalists Guild Conference: Roots & Renewal – Swannanoa, NC – May 31. Nate Gorman – Represented NHFA

Life Unlimited – MN – July 14
Petra Brokken – *Presentation: Geoeengineering: What It Is and How It Can Be Stopped*

17th International Herb Symposium – Cincinnati, OH – September 12–15
Petra Brokken – Represented NHFA

Diane Miller, JD (Virtual) – *Presentation: Protection of the Right of Herbalists to Practice Their Healing Art*

We remain dedicated to ensuring that every person can choose the care that aligns with their needs, values, and path to wellness—and make those decisions for themselves and their loved ones without coercion.

Your ongoing support makes this work possible, and we are truly thankful to have you with us.

Minnesota Homeopathic Association
Conference – MN – October 31–
November 1

Leo Cashman – *Presentation: Water
Fluoridation & Health Impacts*

Jerri Johnson – *Presentation: History of
Safe Harbor Practitioner Exemption Laws*

Children’s Health Defense – MN –
August 19
Petra Brokken – *Presentation: Decoding
Wireless & 5G Science and Safety*

**Decoding
Wireless & 5G
Science and
Safety**

**Children’s
Health Defense**
MINNESOTA CHAPTER

**OUR
SPEAKERS:**

Cell towers, smart meters,
phones, WiFi and more surround
us—and government studies
show clear evidence of harm.

Join us to learn about the
science, risks, and legal fight
against wireless radiation.

Tuesday, August 19th
6:00 PM
Maplewood Library
3025 Southlawn Drive
Maplewood, MN 55109

PETRA BROKKEN

ANGELA TSIANG

REGISTER NOW

**Ancient Wisdom, Modern Wellness:
Ayurveda Conference** – Tampa, FL –
November 7–8
Nate Gorman – Panel Discussion

CHD 2025 Conference – Austin, TX –
November 7–9
Julie Booras & Steven O’Connor –
Represented NHFA



NHFA Attorney Steven O’Connor & Lisa Templeton,
Informed Choice Washington at CHD Conference



Steven O’Connor & Julie Booras
at CHD conference

18th Annual Natural Living Expo –
Marlborough, MA – November 8–9
Dan Seitz & Carol Bedrosian
*Presentation: Drafting the Future of
Health Freedom*

*We are committed to protecting health freedom and empowering people to
change policies so every American can make their own health decisions
—free from coercion.*

Thank you for standing with us to keep health freedom alive.

ANNUAL FINANCIAL STATEMENTS AVAILABLE UPON REQUEST

Both a revenue and expense statement and an end of the year balance sheet for year 2025 are available upon request. Our Form 990 annual report for 2025, as submitted to the US Internal Revenue Service, is also available upon request. NHFA is a 501(c)(4) tax exempt non-profit organization so contributions to NHFA are not tax deductible for the donor.



THANK YOU TO OUR 2025 DONORS

National Health Freedom Action gratefully acknowledges those whose gifts support our work, and our health freedoms.

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NHFA

A 501(c)4
non-profit
advocacy
organization

National Health Freedom Action

NHFA MISSION STATEMENT

To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.

National Health Freedom Action
PMB 218, 2136 Ford Parkway
St. Paul, MN 55116-1863

Return Service Requested

**Protecting
your ability to
choose your
own path to
wellness.**