



# National Health Freedom ACTION

## NHFA

*2024 Annual Report*

[www.nationalhealthfreedomaction.org](http://www.nationalhealthfreedomaction.org)

# A MESSAGE FROM THE PRESIDENT



Jerri Johnson, President

Dear friends,

Imagine life in a world where you couldn't make your own decisions about how to treat your diseases, how to prevent illnesses, and how to maintain your health. Imagine that you couldn't decide which practitioner to go to, or which type of health care to pursue. Imagine that you could not refuse a medical treatment that someone else thought you surely should do – that you were compelled to carry it out whether you wanted it or not.

That's one of the worst things that I can imagine. I am a unique person, and it is important to me to figure out my health care approaches and follow my instincts. You are a unique person too! Just like every other human being on the planet! We want you to be able to do the same.

That's why National Health Freedom Action is so committed to pursuing policies that give us the freedom we need regarding maintaining our health. Every day, NHFA staff are working to address policies that infringe on our freedoms, and to create and pass new laws that open up freedom for you and me.

Thank you for walking with us in 2024 and supporting our work. We pledge to continually work for flexibility for all as we all travel the unique paths of our own health journeys.

Blessings in the New Year of 2025,

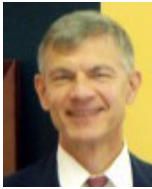
Jerri Johnson

*President, National Health Freedom Action*

## Meet the team:



Lynette Albrecht



Larry Hanus, DDS



Diane Miller, JD  
Law & Public  
Policy Advisor



Judy Buroker  
Executive Office  
Administrator



Julie Booras  
Public Outreach &  
Development



Jerri Johnson  
President



Karen Moriarty,  
DC



Leo Cashman  
Accountant



Steven O'Connor  
Staff Attorney



Nate Gorman  
Leg. Policy Advisor

### BOARD OF DIRECTORS



Petra Brokken  
Staff Attorney



Lauren May  
Fundraising

### NHFA STAFF

At NHFA, we imagine an America where everyone has the freedom to choose their own path to wellness—where individuals and families have open access to the practitioners, therapies, and products that support their healing, without interference.

In 2024, threats to health freedom persist, but so does the momentum for change. Across the country, more citizens are stepping up, standing together, and taking action. From coast to coast, advocates are not only resisting ongoing efforts to restrict our rights—they're advancing bold, proactive legislation to protect them.

NHFA attorneys have assisted local groups in MA, VT, CA, IN, and MD working on right to refuse legislation that protects bodily autonomy.

## Right to Refuse by Numbers 2020-2024

**49** states across the nation have filed over **1380** bills that explicitly **PROTECT** bodily autonomy.

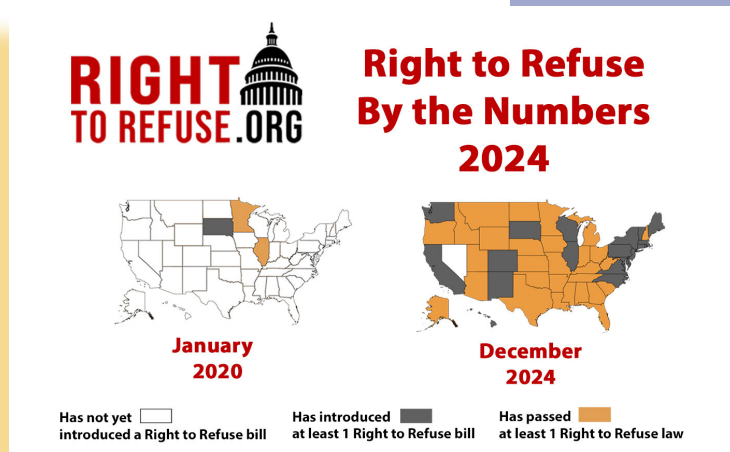
**29** states have passed a total of **83** new laws, plus **9** resolutions.

**8** new laws were passed in **2024!**

There are still many states where protective bills have not been passed into law. In many states coercive medical mandates are still happening today, and access to employment or education is still contingent on getting a particular vaccine; so our work to guide state groups that want to make changes to their laws to protect health freedom remains urgent.

This is a huge step in the right direction but there is much more work to be done if we hope to shape a future where all people can freely make their own health decisions without coercive tactics.


We remain  
committed to  
defending every  
individual's right to  
choose their own  
path to health...



... and to  
empowering citizens  
with the tools  
and knowledge to  
safeguard those  
rights.

# NHFA protects the right of practitioners to practice the healing arts

Safe harbor practitioner exemption legislation protects access to healers. These laws ensure that complementary and alternative health care practitioners such as traditional naturopaths, homeopaths, energy medicine practitioners, and herbalists cannot be shut down or criminally charged for practicing their vocations without state licenses, as long as they avoid a list of prohibited acts and as long as they give out proper disclosures to their clients.



**NHFA works with groups all over the country to introduce and advance safe harbor bills.**

In 2024 NHFA attorneys assisted six states in the process of working towards the passage of Safe Harbor Practitioner Exemption Bills that would protect the right of complementary and alternative health care practitioners to practice and be accessible to consumers: Massachusetts, Connecticut, Florida, Indiana, Oklahoma, and Oregon.

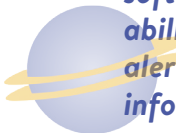
The Safe Harbor Practitioner Exemption bill introduced in Massachusetts in 2023 was reported favorably out of the Public Health Committee but unfortunately, the Health Care Financing Committee sent it to study in 2024. It has been filed again for 2025-2026 session!

Currently eleven states have passed a safe harbor exemption law in some form, including: Minnesota, Rhode Island, California, Louisiana, Idaho,

Oklahoma, Arizona (for homeopaths), New Mexico, Colorado, Nevada and Maine. Our goal is all 50 states!

## NHFA publishes action alerts

One of the most crucial actions individuals can take to influence our country's laws and safeguard health freedom is to engage with lawmakers, build relationships with them, and advocate for legislation that protects health freedom while opposing laws that threaten health freedom.



**NHFA's advocacy software gives us the ability to publish action alerts to keep everyone informed and give them a way to write directly to their lawmakers.**

In 2024 NHFA put out hundreds of thousands of action alerts targeting key lawmakers in states across the nation to: support safe harbor practitioner legislation and to oppose unnecessary practitioner licensing.

Many state alerts went out regarding bodily autonomy and the right to decline unwanted mandates.

In addition, alerts were sent regarding federal issues including FCC licensing of wireless spectrum and protecting small farmers and ranchers from forced electronic ID for cattle.

## NHFA is getting the word out

Educational outreach remains central to NHFA's mission. Together with our sister organization, National Health Freedom Coalition (NHFC), NHFA gave numerous presentations in 2024

helping people understand how laws impact their freedoms and how they can become active in driving policy changes.

## Radio & Podcasts

- Steven O'Connor and Leo Cashman participated in radio interviews with Robert Scott Bell on *The Robert Scott Bell Show*.
- Julie Booras appeared on *CHD.TV*, *The Robert Scott Bell Show*, and the *Hippocrates Wellness Podcast*.
- Petra Brokken was featured on *The Freedom Hub's Health Biz & Politics Show*.
- Diane Miller was featured on *Health Freedom Radio*.

## Virtual Presentations

**Homeopathic Remedies and the Law** – Diane Miller JD, NHFC/NHFA Law and Public Policy Advisor.

Attorney Steven O'Connor of NHFA has been actively supporting state groups working on **Right to Refuse legislation through a series of impactful presentations and resources.**

- Laws, legislation, and litigation regarding minor consent to vaccination across the United States
- Fluoride ethics, legislation, and litigation
- Overview of new bills relevant to Right to Refuse efforts
- Religious exemptions to K-12 vaccines
- WHO Pandemic Agreement and amendments to the International Health Regulations (IHR) New federal case law impacting Right to Refuse advocacy
- Genetic privacy and integrity laws
- Recent jury verdicts related to Right to Refuse issues

## In Person Conferences & Presentations

13th Annual Florida Herbal Conference – Winter Park, FL – March 2024 – Nate Gorman represented NHFA.

New Life Expo – Deerfield, FL – March 2024 – Nate Gorman represented NHFA.

Joint American Homeopathic Conference – Reston, VA – April 2024 – Attorney Petra Brokken and Julie Booras represented NHFA.



*Petra Brokken and Julie Booras at JAHF*

Trinity Health Freedom Expo – Indianapolis, IN – October 2024 – Attorney Steven O'Connor participated in the Health Freedom Panel with Robert Scott Bell, Jonathan Emord, and Leah Wilson.



*Steven O'Connor with HPOC attendees*

Holistic Professionals of Color Conference (HPOC) – Oklahoma City, OK – September 2024 – Atty Steven O'Connor gave a presentation on Safe Harbor Practitioner Exemption, Expanded Practice, and Right to Refuse legislation.

Ayurveda Association of Florida - Doral, Florida - October 2024 - NHFA's Nate Gorman discusses Safe Harbor Practitioner Exemptions laws. Florida groups are mobilizing to work toward a Safe Harbor bill.



*Nate Gorman, Ayurveda Association of Florida*

17th Annual Natural Health Expo – Marlborough, MA – November 2024 – Julie Booras gave a presentation titled Protecting the Future of Health Freedom.

MHA Annual Conference, Northwest Academy of Homeopathy - Edina, MN - November 2024 -Presentations were given by NHFA founders Jerri Johnson, Diane Miller and Leo Cashman.

- Jerri spoke about the history of the health freedom movement in Minnesota as it developed in the mid-1990s.
- Diane presented on the legal and regulatory issues for homeopathy in America.
- Leo spoke on breakthroughs of dental amalgam mercury being currently banned in almost all of Europe and on a federal district court judge's verdict finding that water fluoridation presents an "unreasonable risk of harm" to the brains and nervous systems of children in America.

We will continue to champion the freedom of every individual to access the care they need on their healing journey and to make personal health decisions for themselves and their families.

We couldn't do this work without your continued support, and we are deeply grateful.



# Lauren May Malis

## New Fundraiser



NHFA is excited to bring on the services of Lauren May Malis of LUXE Partners II, LLC to add to our wonderful fundraising and public relations team.

Lauren’s diverse executive portfolio brims with nonprofit organizations, government agencies, and for-profit companies, spanning more than two decades.

Lauren is obsessed with wellness and the future of what it can and will do for all. She has concentrated on wellness brands, resorts and spas, health institutes, wellness tech, and wellness and health nonprofits. With a true passion in this area, Lauren went on to study nutrition, earning her a health certificate in Integrative Nutrition. She then continued her studies at Harvard Medical School. Lauren is a

Certified Thermographer and Ayurvedic and Indigenous Practitioner and serves clients all over.

Lauren has worked with a variety of wellness and sustainable companies, including the world-famous Hippocrates Health Institute, Israel Cancer Association USA and HealthCorps.

*We pledge to continue working for health freedom rights and to help people make policy changes that protect the fundamental right of all Americans to make their own health choices free from coercive tactics. Thank you for standing with us today, helping keep our country free.*

## NHFA FINANCIAL STATEMENT – 2024

### 2024 Statement of Revenue & Expenses

<b>REVENUE:</b>	
Contributions and grants .....	218,347
<b>TOTAL REVENUE.....</b>	<b>218,347</b>
<b>EXPENSES:</b>	
Wages, payroll taxes and benefits .....	90,364
Contracted services.....	61,700
Online expenses .....	13,011
Rent, telephone, utilities, internet.....	4,230
Travel, transportation and lodging .....	6,934
Supplies, merchant and bank fees.....	3,405
Postage, copying and printing.....	7,220
Equipment depreciation & repair.....	1,192
Conference tuition and booth fees.....	1,315
Insurance and advertising.....	360
RighttoRefuse.org – website.....	3,913
<b>TOTAL EXPENSE.....</b>	<b>193,644</b>
<b>NET, REVENUE over EXPENSE.....</b>	<b>24,703</b>

### Balance Sheet, December 31, 2024

<b>ASSETS:</b>	
Checking.....	68,829
Misc Receivable .....	20
<b>TOTAL ASSETS .....</b>	<b>68,849</b>
<b>LIABILITIES:</b>	
Accounts payable .....	2,391
Wages payable.....	2,820
Payroll taxes owed and accrued .....	2,926
<b>TOTAL LIABILITIES.....</b>	<b>8,137</b>
<b>NET ASSETS.....</b>	<b>60,712</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS .....</b>	<b>68,849</b>



# THANK YOU TO OUR 2024 DONORS

National Health Freedom Action gratefully acknowledges those whose gifts support our work, and our health freedoms.

## \$50,000 and above

Sunshine Health Freedom Foundation

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# NHFA

A 501(c)4  
non-profit  
advocacy  
organization

National Health Freedom Action

## **NHFA MISSION STATEMENT**

To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.

National Health Freedom Action  
PMB 218, 2136 Ford Parkway  
St. Paul, MN 55116-1863

*Return Service Requested*

**Working to  
protect  
your health  
rights!**