



National
Health Freedom
ACTION

NHFA

2023 Annual Report

www.nationalhealthfreedomaction.org

A MESSAGE FROM THE PRESIDENT



Jerri Johnson, President

Dear friends,

It is so important that you be able to make your own choices about your health! You are the one to decide which healing modalities you want to use. That means you are the person to choose which practitioners of the healing arts to work with. You are the one to decide which kinds of testing you want to utilize, which kinds of treatments to work with. You are the person to choose whether to have a particular vaccination injected into your body, or not.

Thank you for walking this journey with us of returning rights we never should have lost. OF COURSE the right to help people get well should be in the public domain, when the healing methods do not pose a significant risk of harm. OF COURSE you should be able to decide for yourself and your children about injections and other medical treatments.

At National Health Freedom Action, our pledge to you is that we will incessantly work to change restrictive laws, and create new good laws, to bring this vision to reality. Your support is making that work possible.

Thank you.

In health freedom,

Jerri Johnson

President, National Health Freedom Action

Meet the team:



Lynette Albrecht



Larry Hanus, DDS



Diane Miller, JD
Dir. of Law & Public Policy



Judy Buroker
Executive Office Administrator



Julie Booras
Public Outreach & Development



Jerri Johnson
President



Karen Moriarty,
DC



Leo Cashman
Accountant



Steven O'Connor
Staff Attorney



Nate Gorman
Leg. Policy Advisor

BOARD OF DIRECTORS



Petra Brokken
Staff Attorney

NHFA STAFF

NHFA envisions an America where all people can have access to the practitioners and products they need on their healing journey, and all are free to make their own health decisions, for themselves and their families.

During 2023, attacks on our health rights continue. But the good news is progress is being made! People are getting involved. Health freedom advocates in states across the nation not only continue to push back against ongoing attempts to infringe on our rights, they are moving forward with protective legislative solutions in a big way.

NHFA attorneys have assisted local groups in MA, VT, CA, OH, IL, SC, IN, PA, KS, FL, and MD working on right to refuse legislation that protects bodily autonomy.

Right to Refuse by Numbers 2020- 2023

49 states across the nation have filed over **1075** bills that explicitly PROTECT bodily autonomy.

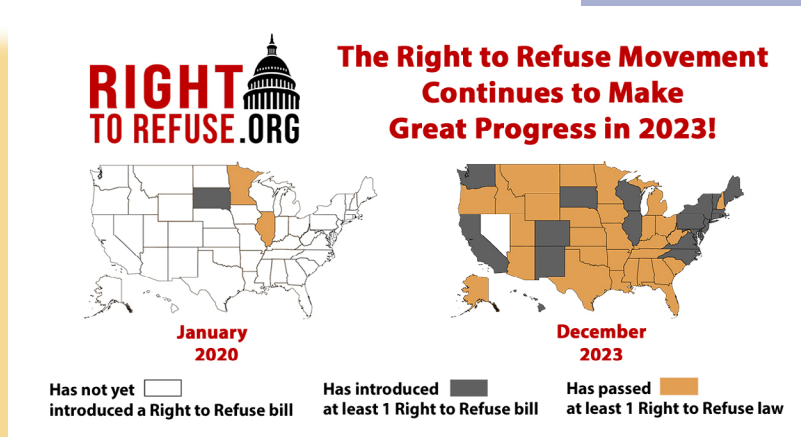
29 states have passed a total of **75** new laws, plus **8** resolutions.

15 new laws were passed in **2023!**

This is a huge step in the right direction but this is just the beginning! There is much more work to be done if we hope to shape a future where all people can freely make their own health decisions without coercive tactics.

However, there are still many states where protective bills have not been passed into law. In many states coercive medical mandates are still happening today, and access to employment or education is still contingent on getting a particular vaccine; so our work to guide state groups that want to make changes to their laws to protect health freedom remains urgent.

We pledge to continue to work for the right of all people to access the health care of their choice...



... and what citizens can do to protect these rights.

NHFA protects the right of practitioners to practice the healing arts

Safe harbor practitioner exemption legislation protects access to healers. These laws ensure that complementary and alternative health care practitioners such as traditional naturopaths, homeopaths, energy medicine practitioners, and herbalists cannot be shut down or criminally charged for practicing their vocations without state licenses, as long as they avoid a list of prohibited acts and as long as they give out proper disclosures to their clients.

NHFA works with groups all over the country to introduce and advance safe harbor bills.

Currently eleven states have passed a safe harbor exemption law in some form, including: Minnesota, Rhode Island, California, Louisiana, Idaho, Oklahoma, Arizona (for homeopaths), New Mexico, Colorado, Nevada and Maine. Our goal is all 50 states!

In 2023 NHFA attorneys assisted four states in the process of working towards the passage of Safe Harbor Practitioner Exemption Bills that would protect the right of complementary and alternative health care practitioners to practice and be accessible to consumers: Massachusetts, Connecticut, Florida, and Oregon.

The Safe Harbor Practitioner Exemption bill introduced in Massachusetts in 2023 was heard

in the Joint Committee on Public Health. NHFA's Steven O'Connor, JD and Nate Gorman testified at the Massachusetts State House in favor of the bill. The bill was reported favorably out of the Public Health Committee but unfortunately, the Health Care Financing Committee sent it to study. There is already discussion of filing the bill again in February of 2025.

NHFA publishes action alerts

One of the most crucial actions individuals can take to influence our country's laws and safeguard health freedom is to engage with lawmakers, build relationships with them, and advocate for legislation that protects health freedom while opposing laws that threaten health freedom.

NHFA's advocacy software gives us the ability to publish action alerts to keep everyone informed and give them a way to write directly to their lawmakers.

In 2023 NHFA put out hundreds of thousands of action alerts targeting key lawmakers in states across the nation to: support safe harbor practitioner legislation and to oppose unnecessary practitioner licensing. Many state alerts went out regarding bodily autonomy and the right to decline unwanted mandates. In addition, alerts were sent regarding federal issues including stopping broadband deployment and stopping the WHO's Pandemic Agreement and Amendment of the IHR.

NHFA on the road at In-Person Conferences and Presentations:

NHFA created a special video to share with the public on **Homeopathic Remedies and the Law**.



NHFA recommends the federal law be changed to acknowledge that homeopathic remedies are “*generally regarded as safe*” with the burden of proof on the government to show harm before any action is taken against them. NHFA has drafted federal legislation to address this issue and wants to work with any group who shares the same vision to make sure that all homeopathic remedies may be on the market.

Health Freedom Leadership Summit

– **Orlando, FL** – January 2023 - Julie Booras and Nate Gorman attended on behalf of NHFA where they collaborated with other health freedom leaders from around the world.

COVID Litigation Conference 2023 –

Atlanta, GA – March 2023 - Attorney Steven O'Connor attended on behalf of NHFA where he connected with lawyers advancing COVID-19-related litigation.

16th International Herb Symposium – Norton, MA – June 2023 - Julie Booras and Nate Gorman represented NHFA, met former NHFA board member and famed herbalist, Rosemary Gladstar and gave a brief talk about our Safe Harbor practitioner exemption work.



Julie Booras, Rosemary Gladstar, Nate Gorman

Global Health Freedom Summit – Alexandria, MN – September 2023 – Board members Jeanne Handke and Lynette Albrecht represented NHFC and NHFA.

Back to Basics Conference – Wellesley, MA – September 2023 - Julie Booras represented NHFA and The Right to Refuse Project.

World Health Congress 2023 Prague – Prague Czech Republic - September 2023 Attorney Diane Miller participated in the World Health Congress giving an overview of health freedom issues for healing practitioners.

Trinity Health Freedom Expo - Tinley Park, IL – October 2023 – Attorneys Steven O’Connor and Diane Miller gave a joint presentation entitled “Shaping the Laws to Protect Health and Healing Rights.” Diane Miller was also on the Health Freedom Panel together with Robert Scott Bell, Jonathan Emord, Mark Richards Md, Dr. Brian Hooker, and Becky Cash.



International Ayurvedic Mega-Conference – Orlando, FL – October 2023 – Nate Gorman represented in person for National Health Freedom Action and Diane Miller gave a virtual presentation.



IAMC: Law & Policy for Ayurveda Panel Discussion

34th Annual American Herbalist Guild Symposium – Granby, CO - October 2023 – Nate Gorman represented National Health Freedom Action.



Jackie Pinkham & Nate Gorman, CO

16th Annual Natural Health Expo - Marlborough, MA – November 2023 Julie Booras and Dr. Karen Moriarty attended and Julie gave a presentation entitled “Protecting the Future of Health Freedom.”

Children’s Health Defense 2nd Annual Rise & Resist Conference - Savannah, GA - November 2023 where Attorney Steven O’Conner and Julie Booras represented NHFC and NHFA.



Steven O’Connor & Julie Booras, CHD Savannah

We will not stop working for the freedom for each person to access what one needs in their health journeys and to make one’s own health decisions for themselves and their families.



Your ongoing support makes all this possible and we are so very grateful.

Petra Brokken, JD

New NHFA staff attorney



We are excited to introduce our newest team member, Petra Brokken. Petra is currently working for NHFC and NHFA as a staff attorney. She is a Minnesota attorney with a long-time interest in health freedom. She graduated from the University of Wisconsin Madison with a BA and an MA in English Literature and attended the University of Minnesota for law

school, graduating with a JD in 1992.

Petra clerked for a Judge in Minneapolis and then joined the Hennepin County Public Defender’s Office, where she litigated cases from traffic to homicide. Her caseload also included juvenile delinquency cases and child protection, where she represented both children involved in the process and parents. Petra has been an environmentalist since she was a young child and delved into natural healing to find help that was not available from the medical field. Nineteen years ago she obtained raw milk for her child from

California, not realizing that it was available in Minnesota. When she found it available from nearby farms, she became active in protecting the right of individuals to obtain foods like raw milk.

Petra is a Board Member of the Minnesota Natural Health Coalition and has helped those who want to minimize the impacts of emfs in their homes, as well lecturing on the health hazards of emfs, volunteering on lawsuits regarding emfs, and helping bring this issue to the attention of politicians and the general public.

We pledge to continue working for health freedom rights and to help people make policy changes that protect the fundamental right of all Americans to make their own health choices free from coercive tactics. Thank you for standing with us today, helping keep our country free.

NHFA FINANCIAL STATEMENT – 2023

2023 Statement of Revenue & Expenses

REVENUE:

Contributions and grants \$193,009

TOTAL REVENUE..... 193,009

EXPENSES:

Wages, payroll taxes and benefits 91,628

Contracted services..... 79,434

Online expenses 16,585

Rent, telephone, utilities, internet..... 2,965

Travel, transportation and lodging 11,886

Supplies, merchant and bank fees..... 2,724

Postage, copying and printing 6,777

Equipment depreciation & repair 1,191

Insurance, tuition, training, misc expense..... 2,283

RighttoRefuse.org – website 3,873

TOTAL EXPENSE..... 219,346

NET, REVENUE over EXPENSE..... (26,337)

Balance Sheet, December 31, 2023

ASSETS:

Checking.....\$36,083

Misc Receivable \$7,037

TOTAL ASSETS 43,120

LIABILITIES:

Accounts payable 1,822

Wages payable..... 2,183

Payroll taxes owed and accrued 3,106

TOTAL LIABILITIES..... 7,111

NET ASSETS..... 36,009

TOTAL LIABILITIES & NET ASSETS 43,120



THANK YOU TO OUR 2023 DONORS

National Health Freedom Action gratefully acknowledges those whose gifts support our work, and our health freedoms.

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Anna Gray
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NHFA

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advocacy
organization

National Health Freedom Action

NHFA MISSION STATEMENT

To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.

National Health Freedom Action
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Return Service Requested

**Working to
protect
your health
rights!**