

The logo features a blue sphere with a yellow ring around its equator. The text "National Health Freedom" is written in a dark purple font across the top of the sphere, and "ACTION" is written in a larger, bold, dark purple font across the bottom. The background consists of a yellow square in the top right, a dark red horizontal band, and blue and grey blocks at the bottom.

National  
Health Freedom  
ACTION

# NHFA

*2021 Annual Report*

[www.nationalhealthfreedomaction.org](http://www.nationalhealthfreedomaction.org)

## A MESSAGE FROM THE PRESIDENT



*Jerri Johnson, President*

### **Dear Friends of Health Freedom,**

You should have the right to decide what you want to do for your own health! The thought that anyone could force you to take a medical treatment you do not want – or force you to forgo a treatment that you do want – is a serious thing.

Yet, that is exactly the situation for many in America, especially in this Covid era. When NHFA was formed twenty years ago, we could not have foreseen all that is happening now to threaten your right to autonomy when it comes to your own health. Yet, the guiding principles that have motivated and inspired us for twenty years are as true today as ever. You are in charge of your health. You decide how to prevent illness in your body, mind and spirit. And you decide how to recover your health in times of sickness. Not only that, you get to choose how to pursue and maintain good health for your babies and toddlers and children, too.

As we celebrated the Twentieth Anniversary of NHFA in 2021, we meditated on those timeless truths that have been our guidestar. And we recommitted ourselves to working to preserve health care decision-making for ourselves, for you, for all people today, and for generations to come.

Thank you for joining us in that work. Your support means the world to us. And when we say that your support makes our work possible – well, that's just the truth. We certainly don't take our money from pharmaceutical corporations or government groups that have their own agendas for public health! It's folks like you that make health freedom work happen.

Thank you.

In health freedom,

A handwritten signature in cursive script that reads "Jerri Johnson". The ink is dark and the signature is fluid and personal.

Jerri Johnson  
*President, National Health Freedom Action*

# NHFA envisions an America where all people have access to whatever and whomever they need in order to make their own health decisions and to make those decisions in an environment free of fear!

During 2021, our rights to make health care decisions have been under attack like never before. Healthcare workers, teachers, students, police officers, our military, government employees, and many others are being faced with medical mandates. Practitioners are silenced about the practices they know will help their clients be well. Parents are told to not speak up or protest when they don't agree to require their children to wear masks all day. People are being threatened with loss of their jobs or access to their education if they decline a vaccination. Unless they know the law and how to use the legal process, many may lose what they have worked for all their lives.

# NHFA protects the fundamental right of all people to make their own health decisions!

NHFA's new **RighttoRefuse.org Project** is providing hope for people across the country. NHFA, along with a small group of health freedom leaders from CA, VT and MA, envisioned a new project that would support those people working to protect the constitutional right of each person to decline countermeasures such as testing, tracking and vaccination during a health emergency. The RighttoRefuse.org website is a place where people can find and support right-to-refuse legislation and organizations in their state with the use of an interactive map. In addition, NHFA attorneys are working directly with many new state groups interested in passing right to refuse legislation. Currently 28 states have passed more than 40 bills into law that, in some way, shape or form protect a person's right to bodily autonomy. This is a huge step in the right direction! We must keep the momentum going!

We pledge to continue to work for the right of all people to access the health care of their choice...



... and what citizens can do to protect these rights.

## NHFA protects the right of practitioners to practice the healing arts



Roseanne Lindsay inside the Wisconsin capitol building

Safe harbor practitioner exemption legislation protects access to healers. These laws ensure that complementary and alternative health care practitioners such as traditional naturopaths, homeopaths, energy medicine practitioners, and herbalists cannot be shut down or criminally charged for practicing their vocations without state licenses, as long as they avoid a list of prohibited acts and as long as they give out proper disclosures to their clients.

**NHFA works with groups all over the country to introduce and advance safe harbor bills.**

Currently Wisconsin and Massachusetts both have safe harbor practitioner exemption bills moving in their states. Wisconsin Assembly Bill 86 has passed the Senate and is moving in the House. Massachusetts House bill 2343/Senate Bill 1380 has been heard in the Joint Committee on Public Health and is waiting further movement. Today, eleven states have safe harbor practitioner exemption laws in place, with other states well in process.

## NHFA publishes action alerts

**Take Action NOW!**

One of the most important things that individuals can do to shape the laws of our country and protect health freedom is to communicate with and establish relationships with lawmakers and advocate that they pass laws to protect freedom and oppose laws that infringe on health freedom.

**NHFA's advocacy software gives us the ability to publish action alerts to keep everyone informed and give them a way to write directly to their lawmakers.**

2021 was an extremely busy year. NHFA put out action alerts regarding numerous state bills including Massachusetts, Wisconsin, North Dakota, Oregon, and Connecticut supporting safe harbor practitioner legislation, and California and Minnesota and many other states regarding bodily autonomy and right to decline unwanted mandates. In addition, alerts were sent regarding federal issues including opposition to President Biden's OSHA mandates, vaccine passport mandates, universities and academic institutions mandating vaccines without proper religious exemptions, and opposing federal lawmakers who were supporting increased censorship.

Whew, what a year!

## NHFA/NHFC Celebrates their 20 Year Anniversary!

In August we invited our subscribers to join us virtually to celebrate our 20th NHFC/NHFA Anniversary as a non-profit. Founders Jerri Johnson, Leo Cashman, and Diane Miller gave their heart warming comments about their 20 years on the health freedom trail. Our virtual event was followed by a wonderful back-yard party for many members at the home of co-founder Jerri Johnson.



*(l-r) Leo Cashman, Anna Gray, and Kate Birch*



*(l-r) Lynette Albrecht and Alvin Schlangen*



*(l-r) Diane and Marylu Miller*



*(l-r) Joanne Fager, Jerri Johnson, and Kirby Fager*



*(l-r) Karen Stene Finch and Anne Gillum*



*(l-r) Beverly Bailey, Rose Welch, and Dr. John McLaughlin*

We need to pass good laws – laws that will protect our children and our grandchildren.

## Censorship hits home – Involuntary termination of our advocacy software platform based on vaccine views

Our advocacy software platform is our greatest tool in getting the word out to all of our amazing health freedom subscribers. So needless to say, we were

completely dismayed when, in the fall of 2021, NHFC and NHFA received the bad news that its contract with its provider of advocacy software was non-renewable based on NHFC and NHFA views about vaccine choice. On one hand, what a shock! But on

the other hand, not a shock, given the extreme and growing censorship to so many great organizations distributing health freedom information. We had to act fast with only a 60-day notice to find a new provider and home to our huge database and historical records. NHFA and NHFC had been faithful clients of the company for over a decade. The process of transition went forward and it took much more time, work, and finances than we first guesstimated. But the good news is that as of the writing of this annual report, we are up and running with everything transferred to our new

provider with only regular bugs to figure out. Thank you to all our health freedom supporters who were patient with any of the glitches along the way during our transition. And thank you to our donors who made that transition possible.

## NHFA is getting the word out to the people: Health freedom is paramount!

NHFA mobilizes people to understand how laws impact their freedoms, and how they can become active to make changes so the laws can be used to protect health freedoms rather than infringe upon them. We need to do more than just stop bad laws. We need to pass good laws – laws that will protect our children and our grandchildren.

NHFA and its sister organization, National Health Freedom Coalition have given many presentations, about health freedom in 2021. Diane Miller gave radio interviews with Robert Scott Bell on the *Robert Scott Bell Show* and with Patricia Finn on *The Good Lawyer Radio Show*. In addition, NHFA made presentation to many virtual and in-person events throughout the country.

- In April, NHFA gave virtual presentations to the 2021 International Herbal Symposium and the National Center For Homeopathy 2021 Homeopathic Conference describing the legal landscape for herbal and homeopathic practitioners.
- In May and June, we educated national leaders, meeting virtually with persons from national practitioner organizations such as energy and ayurvedic practitioners, teaching them about the principles of the safe harbor practitioner exemption model laws.



Diane Miller at podium at the Health & Freedom Summit in Nashville, Tennessee

- Julie Booras traveled to Hippocrates Health Institute in West Palm Beach, Florida where she gave a presentation about the mission of NHFA & NHFC to guests in the famed Ann Wigmore Hall.
- In May, Diane Miller, Jerri Johnson & Julie Booras debuted our RightToRefuse.org project at the Advanced Medicine Conference in South Dakota. ▼



Julie Booras, Jerri Johnson, and Diane Miller at AMC

- This fall, attorneys Diane Miller and Anne Gillum traveled to Alexandria, Minnesota for the Global Health Freedom Summit, Anne and Julie represented NHFA at the Health Freedom for Humanity conference in Kansas City and Diane gave a health freedom presentation to Life Unlimited in Minnesota. ▼



Anne Gillum and Julie Booras at Health Freedom for Humanity Conference

- Diane Miller gave a presentation entitled “Shaping Laws to Protect Health and Healing Rights” at Trinity Health Freedom Expo in Illinois where she also sat on the health freedom

panel with attorney Jonathon Emord, Dr. Judy Mikovitz, and Ty and Charlene Bollinger, facilitated by Robert Scott Bell. ▼



Health Freedom panel at Trinity Health Freedom Expo

- Diane Miller and Julie Booras just returned from a leadership conference at the Health & Freedom Summit in Nashville, Tennessee. Diane was asked to speak on the legal panel alongside Brian Hooker and attorneys Mary Holland, Jim Moody, and Rolf Hazelhurst and she held a signing event for her new book *Health Freedom: The Greatest Freedom of All*. ▼



Jim Moody and Diane Miller at Health & Freedom Summit in Nashville, Tennessee

Each opportunity to travel and connect with other health freedom advocates sparks new relationships that lead to more and more allies joining us in this epic battle, across the nation, to protect our most fundamental right, the right to make decisions about our own bodies. ▼



Health Freedom leaders from IL, MN, IN, OH, CA and PA

We will not stop working for the freedom for each person to access what one needs in their health journeys and to make one’s own health decisions for themselves and their families.



Your ongoing support makes all this possible and we are so very grateful.

# Twenty Years of Freedom Work: Looking Back

By Leo Cashman, NHFA Accountant



Jerri Johnson, Leo Cashman,  
and Diane Miller

Our work today,  
after two decades,  
seems more vitally  
important than  
ever, as we stand  
together to defend  
our basic human  
rights.

National Health Freedom Coalition (NHFC) our educational organization, and its sister lobbying organization, National Health Freedom Action (NHFA), were formed in 2000 and 2001 in response to

the vision of Minnesota activists who had worked intensely for five years in Minnesota to educate and to pass a health freedom bill. Our work was born out of attacks by state professional boards against prominent natural health practitioners. The resulting health freedom statute enacted in May of 2000, (Minnesota 146A), was innovative and provided a way for unlicensed health care practitioners and healers to practice their vocations without needing to be licensed medical doctors, as long as they avoided harmful prohibited acts and gave out proper disclosures.

In July 2000, attorney Diane Miller who had been a leader in the Minnesota effort called me and declared, “I feel called to work at the national level,” almost like a spiritual awakening. I first groaned at being called to work in a new task, but then I said yes, because I felt that the calling that she had heard was important. I knew that we had worked well together and that I could contribute something to the effort. She had already recruited Jerri Johnson, who had been her side kick for years of lobbying at the Minnesota Capitol, and I would be a third founding board member. So, the three of us, small, quiet people all, went off like the three musketeers, to work at the national level. After twenty years of being involved in many aspects of the health freedom movement and with much growth, a strong base, and some successes, we are pleased and proud of what has been accomplished.

But the threats to health freedom are still prevalent, perhaps now more than ever. With Covid, the mandates, the lockdowns, and the government’s bias toward big pharma solutions while suppressing natural health approaches, there is even a bolder more blatant attack on health freedom. A media-governmental agency juggernaut seeks to control the minds and behavior of the masses of people, and it goes unnoticed how deeply our basic freedoms are being eroded in the process. Those of us who would prefer a natural health approach to health decisions are often attacked – quite wrongly I’d say – as being anti-science, selfish, and even a danger the public well-being. Our work today, after two decades, seems more vitally important than ever, as we stand together to defend our basic human rights. The freedom to direct our own health care decisions and survival is essential to all freedom and democracy. Staying together we have a chance to prevail. Thank you for standing with us today, helping keep our country free.

## **NHFA Mission Statement:**

To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.



## NHFA bids farewell to Atty. Anne Gillum



NHFA bids farewell to our wonderful staff attorney, Anne Gillum JD, who was with us for over 10 years and first came to us in 2012 as a top-notch Hamline University

School of Law graduate. Over the years Anne became an expert in health freedom law and worked tirelessly with many citizen groups in numerous states in their work to pass health freedom legislation, especially those bills promoting safe harbor practitioner exemption laws. She made presentations in numerous state legislatures and conferences and produced legal briefs and formal comments when needed to protect freedom. Anne was our top researcher tracking legislation with Westlaw Capital Watch, keeping us abreast of the status of hundreds of legislative bills across the country. We will miss Anne as a valuable staff member and a dear colleague and friend with whom we had the honor of working, to promote NHFA's mission of health freedom.

## Atty. Steven O'Connor joins our legal team



We are excited to introduce attorney Steven O'Connor as a new member of our legal team. With extensive court experience in both criminal and civil law, including nine

years as a public defender, Mr. O'Connor has also been a legislative volunteer in his home town of San Francisco, where he worked on a variety of public policy concerns; a tutor and mentor for at-risk youth; and a writer for a health industry news site. Steven is passionate about health freedom, and his work with NHFC and NHFA includes researching and writing about both legislation and court cases impacting health freedom. He also tracks proposed new laws for the RighttoRefuse.org website and works with state groups to help move forward favorable bills. Steven's expertise in law and writing allows him to provide informative articles about key court decisions, especially those protecting folks from unwanted COVID-19 vaccine mandates and coercion. With his legal background and passion for health freedom, Mr. O'Connor is a great addition to NHFC and NHFA.

## Meet the team:

### BOARD OF DIRECTORS



Lynette Albrecht



Larry Hanus, DDS



Jerri Johnson  
President



Sally Tamplin  
Vice President

### NHFA STAFF



Julie Booras  
Public Outreach & Development



Judy Buroker  
Executive Office Administrator



Steven O'Connor  
Staff Attorney



Leo Cashman  
Accountant



Diane Miller, JD  
Dir. of Law & Public Policy



The freedom to direct our own health care decisions and survival is essential to all freedom and democracy.

Staying together we have a chance to prevail.

Thank you for standing with us today, helping keep our country free.

# NHFA FINANCIAL STATEMENT – 2021

## 2021 Statement of Revenue & Expenses

### REVENUE:

Contributions and grants .....\$225,495

**TOTAL REVENUE.....225,495**

### EXPENSES:

Wages, payroll taxes and benefits ..... 111,457

Contracted services.....34,845

Online expenses ..... 7,692

Rent, telephone, utilities, internet..... 8,028

Travel, transportation and lodging ..... 10,536

Supplies, merchant and bank fees..... 3,084

Postage, copying and printing ..... 4,447

Equipment depreciation & repair .....1,315

Health freedom books.....2,220

Conference tuition & booth fees ..... 1,903

Insurance, advertising..... 915

RighttoRefuse.org – website .....10,660

**TOTAL EXPENSE.....197,102**

**NET, REVENUE over EXPENSE..... 28,393**

## Balance Sheet, December 31, 2021

### ASSETS:

Cash.....\$88,902

**TOTAL ASSETS .....88,902**

### LIABILITIES:

Accounts payable ..... 7,338

Wages payable.....1,250

Payroll taxes owed and accrued .....3,701

**TOTAL LIABILITIES..... 12,289**

**NET ASSETS..... 76,613**

**TOTAL LIABILITIES & NET ASSETS .....88,902**



## THANK YOU TO OUR 2021 DONORS

National Health Freedom Action gratefully acknowledges those whose gifts support our work, and our health freedoms.

### \$100,000 and above

Sunshine Health  
Freedom Foundation

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Anna Gray  
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### \$5,000-\$9,999

NOW Foods, Inc.

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Steve Johnson  
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The Science and Art of  
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Stacie Vilendrer  
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### \$500-\$999

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Lisa Duffy  
Jerri Johnson  
Jeffrey Langlois  
Donna Lomp  
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Sally Stump  
Oskar Thorvaldsson  
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Steve Wallack  
Anonymous (6)

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Marybeth Buchele  
Anne Cohoon  
Orly Friedman  
Rosemary Gladstar  
Maria Hart  
Peter Kevorkian  
Rachael Kimbrel  
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Bruce Marshall  
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Therapeutic Alliance  
PLLC  
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Norman Goralnick  
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Katherine Green  
Jeanne Handke  
Vixtoria Harriss  
Healthy Roots Clinic  
Linda Hedquist

Barbara Hill  
Deborah Hordon  
Kellie Jacques  
Donetta Johnson  
Teresa Kopec  
Carolyn Kraft  
Karen Lyke  
Anne McGuire  
Rachaele Morin  
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Inc.  
Mutter Family  
Chiropractic  
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Valerie Noble  
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Theofilos Papadopoulos  
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Greg Peterson  
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Laura Primus  
Monica Raina  
Sandra Riley  
Lynn Rivers  
Kathy Ruopp  
Susan Siegel  
Terry Slack  
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Jennifer Stahl  
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Stephanie Tambe  
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Center  
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Grazyna Topolska  
Robyn Trog  
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Vital Health Resources,  
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Ken Brodeur  
Mark Brody  
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Stuart Cheff  
Chippewa Valley  
Wellness  
Candice Christian  
Cynthia Citriniti  
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Gary Cohen  
Lucy Cole  
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Nina Cortez  
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Marian Coulter  
Courage 2 Dream  
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Barbara Davis  
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Elaine Fredrick  
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Richard Gagnon  
Sandra Galiwango  
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Janet Gerla  
Diane Giammarino-  
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Sondra Rubin

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Charles Rutledge  
Gail Ryberg  
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Brian Schmitt  
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Ronald Schultz  
David Scott  
Maggie Shields  
Lynn Shoemaker  
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Edward Stamas  
Kailia Star  
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**NHFA**  
National Health Freedom Action

A 501(c)4  
non-profit  
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organization

**REGISTER NOW!** CONGRESS DATES:  
**SEPTEMBER 23 & 24, 2022**



Experience the 13<sup>th</sup>  
**US Health Freedom Congress\***  
St. Paul, Minnesota

**Get the details and register at: [healthfreedomcongress.org](http://healthfreedomcongress.org)**

*\* A gathering of state and national health freedom organizations, leaders and advocates  
hosted by the National Health Freedom Coalition.*

National Health Freedom Action  
PMB 218, 2136 Ford Parkway  
St. Paul, MN 55116-1863

*Return Service Requested*

**Join us and  
help us ensure  
your health  
care choices!**