# NHFA 2020 Annual Report



NATIONAL HEALTH FREEDOM ACTION



## Letter from the President Jerri Johnson

## March 2020

Dear friends of health freedom,

In a time when health freedoms are being challenged like never before, **National Health Freedom Action is carrying a torch** – we are describing a world where each person's right to make decisions about their own body and their own health is honored. **NHFA is showing a vision of what health freedom looks like even during emergencies** – all people will still have bodily autonomy. All people will choose how to prevent illness, and how to treat illness in their own bodies, in the way that seems best to them. No person will be coerced to receive a vaccination or a treatment that they do not want.

And beyond shining a light on freedom of choice in health care, **NHFA is taking action**. We are drafting legislation to ensure that each person's health care wishes are honored, and we are helping states to pass that legislation.

Thank you for partnering with us to make those visions a reality in our nation. **Safe harbor bills are being passed** – we currently have eleven states that protect access to holistic practitioners such as herbalists, health coaches, traditional naturopaths, energy healers, and homeopaths, and their right to practice. Five more states are actively in process. **Right to Refuse legislation**, which protects the right to refuse testing and treatment and vaccination that is not wanted, is being introduced and championed in state legislatures for the first time.

It is your support that is making this success possible. Thank you. In return, we pledge to continue to represent your desires for autonomy in your health choices through our advocacy.

All the best,

Jerri Johnson

Lerri Johnson

President, National Health Freedom Action



*P.S. If you would like to start a health freedom group in your state – contact us! We're here to make that work.* 

## NHFA: ON THE GROUND FOR YOUR HEALTH RIGHTS IN 2020!



Wisconsin Lawmakers

NHFA brings the health freedom message to state lawmakers! NHFA works to protect your right to bodily autonomy to make your own health decisions: to choose which practitioners you wish to visit for health advice and support, to choose whether to be tested or treated for a disease, to choose whether to be vaccinated or not. We are advocating at state capitols for laws that guarantee the right to make all your own choices when it comes to your health, and that of your family.

## NHFA Moved Safe Harbor Practitioner Exemption Laws Forward Despite 2020 Challenges



NHFA attorneys and Wisconsin Advocates working to pass Safe Harbor bill in Wisconsin.

In 2020, Wisconsin and Massachusetts safe harbor bills moved through their committees with strong support and were poised to go to the floor of their legislative bodies for final passage – when legislatures shifted focus to address COVID -19 concerns. Those bills are now being re-introduced in 2021,

along with similar bills in five other states! Legislators have been reaching out to NHFA saying, "We have heard about these safe harbor bills, can you work with us in our state?" As

a result, and due to state grass-roots work, efforts are underway in Utah, North Dakota, Iowa, Oregon, and Connecticut, to move safe harbor bills forward.



Massachusetts Capital

NHFA will soon celebrate twenty years working to help state groups pass safe harbor practitioner exemption laws. These laws protect individuals' access to healing practitioners such as herbalists, homeopaths, energy healers, health coaches, and traditional naturopaths. We recently celebrated that Maine became the eleventh state to provide this excellent protection to their citizens.

## NHFA Drafts Right to Refuse, Right to Choose Legislation

During this extraordinary year of COVID-19 and health emergency powers exerted by governors all across our nation that brought about lockdowns and restrictions of all kinds, NHFA articulated and sent out alerts about the importance of constitutional rights for all people – even during an emergency. **NHFA drafted model legislation to protect inalienable rights and the constitutional fundamental right to refuse medical interventions that do not have our consent**. NHFA is spearheading a national movement to ensure each individual is protected in choosing whether and when to be tested, tracked or treated for a disease, and whether or not to receive a vaccine.





Many groups in many states are forming to protect these important rights, and NHFA is providing guidance on constitutional principles, as well as practical information on how to introduce legislation in their state and how to help move it through to passage. Minnesota passed a Right to Refuse law in 2002 which protects the right of individuals to refuse testing and vaccination. Other states, with the help of NHFA, are now in process of working toward similar goals.

NHFA Met the 2020 Challenges Using Online Software to Facilitate Thousands of Powerful Letters from Individuals to State Legislators

## These included action alerts on:

- maintaining rights during health emergencies;
- opposing flu shot requirements at schools, colleges and businesses;
- protecting access to homeopathic remedies;
- protecting the right of physicians to prescribe for the best interest of their patients;
- encouraging health care leaders to inform the public about holistic and alternative approaches to better health.

#### Dear Legislator:



I am in support of House Bill No. 5016 because it will protect my ability to have a religious exemption for any vaccine recommended during a pandemic. I am very disappointed that the Virginia House Committee on Health, Welfare and Institutions, tabled the protective bill on August 25th, 2020 with an 11 to 10 vote. I want this bill reconsidered because the right of people and families to uphold their own religious beliefs and make their own medical decisions that resonate with their values is essential to religious and personal freedom. The importance of the protection of personal autonomy and basic human fundamental rights of self-determination and

5

religious freedom when it comes to decision as to how to promote one's own health and survival is essential. This freedom is at stake as we move into the future of our country.

There is no constitutional basis that would give a government authority to infringe upon religious freedoms and to force citizens to agree to a modical treatment against their will. Families understand that vaccines carry significant risks and the decision to receive these vaccines is up to families and their religious values and should always remain a protected right of all people.

Please reconsider HB 5016 and protect religious freedom in Virginia. Thank you in advance for your reconsideration.

And many other action alerts!

## Julie Booras, new NHFC team member for public outreach and development



We are excited to introduce our newest team member, Julie Booras. Julie brings a love of health freedom, a passion for growth, and a ton of energy to our NHFA staff. Julie will be assisting with outreach and development, to ensure the financial stability and resources for the future that NHFA needs. Bringing her creative, marketing and entrepreneurial skills to the team, Julie is a big voice in the movement to protect our rights to bodily autonomy through advocacy and lobbying. We are excited to see the growth that NHFA has achieved this year to be able to meet the challenges that are so important for all of us.

### **Mission Statement of National Health Freedom Action:**

To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.



## NHFA Financial Statement for 2020

### 2020 Statement of Revenue & Expenses

<b>REVENUE:</b>
-----------------

Contributions and grants	149446
TOTAL REVENUE	149446
EXPENSES:	
EXPENSES:	
Wages, payroll taxes and benefits	103029
Contracted services	22514
Online expenses	6169
Rent, telephone, utilities and internet	3353
Travel, transportation & lodging	4423
Supplies, merchant and bank fees	1473
Postage, copying and printing	2324
Depreciation and equipment expense	301
Tuition, training and misc expense	535
TOTAL EXPENSE	144121
Net, REVENUE over EXPENSE	5325

#### Balance Sheet, December 31, 2020

ASSETS:	
Checking	50570
Prepaid expense	<u>5276</u>
TOTAL ASSETS	55846
LIABILITIES:	
Wages, taxes, benefits, accts payable	<u>7626</u>
TOTAL LIABILITIES	7626
NET ASSETS:	
Program Restricted Net Assets:	16088
Unrestricted Net Assets	<u>32132</u>
TOTAL NET ASSETS	48220
TOTAL LIABILITIES & NET ASSETS	55846

## Thank you to our 2020 Donors!

## National Health Freedom Action Gratefully acknowledges those whose gifts support our work, and our health freedoms.

#### \$100,000 and above

Sunshine Health Freedom Foundation

\$10,000 - \$99,999

Anna Gray

#### \$5,000 - \$9,999

NOW Foods Inc Ortho Molecular Products Anonymous (1)

#### \$1,000 - \$4,999

Sherri Andrade East West School of Planetary Herbology Rosemary Gladstar Steve Johnson Nutritional Supplement Manufacturers, Inc.

#### \$500 - \$999

Lynette Albrecht Kirk Bashaw Abby Beale Jerri Johnson Anaheed Little Oskar Thorvaldsson Anonymous (4)

#### \$250 - \$499

Jordan Bain Marybeth Buchele Lisa Duffy Gerald Field Mary Spielberg Shanna Strong Anonymous (2)

#### \$100 - \$249

Kathryn Angelo Katherine Baumann Laura Braggiotti **Bonnie** Carter Anne Cohoon Nina Cortez Jody Davis Don Dyall **Christine Fiordalis** Anne Fish Cara Gallucci Kay Goldberg Homeopathic Wellcare Diana Kai **Rachael Kimbrel** Jeffrey Langlois R.D. Mitchell Valerie Noble Catherine O'Neill **Elisabeth Rimann Rudi Ringwald Carol Robin** Judy Schriebman Dene Schulze-Alva **Debra Sexton** Joann Snyder **Denise Thompson** Sally Weatherly Nikolic John Wibe Anonymous (9)

#### \$1 - \$99

Paul Albrecht Gwyn Aras Linda Bardell Carol Bedrosian Stacy Blaisdell Erica Bolliger

Jane Bothwell **Robert Brady Diana Bright** Ellen Brown Cynthia Burke Shannon Burrington **Christine Charles** Gail Dalby Elicia Davis Ursula Dobelmann Larry Green **Karen Harris** Barbara Hill Carin Hollis Debra Hultgren John Irwin Sherry Johnston Nicole Kastelanic Alice Kitzmann Deborah Landowne Sandra Levy Janis Mancini Halimah Martin **Elizabeth Medaglia** Mary Miller Kathleen Monaghan **Robin Paladino Claudia Paquet** Sheila Parks **Kim Pilgrim** Alexander Poptodorov Fredricka Ramirez **Rebecca Rodriguez** Alina Rosiak Lissi Sigillo **Terry Slack** Kailia Star Julie Taberman **Deborah Tenner** Sarah Thompson

Barbara Vaile

Connie Walter Mary Ward Mana Washio Varda Wilensky Bernard Windham Anonymous (41)



## NATIONAL HEALTH FREEDOM ACTION

A 501(c)4 non-profit advocacy organization

## **Our Vision**

A healthy nation, with empowered people, making informed health care decisions.

## **Our Mission**

To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.

## Join us and help us ensure your health care choices.

www.nationalhealthfreedomaction.org

National Health Freedom Action PMB 218, 2136 Ford Parkway St. Paul, MN 55116-1863

Phone: 507-663-9018 E-mail: info.nhfa@nationalhealthfreedom.org www.nationalhealthfreedomaction.org

**Return Service Requested**