

NHFA 2018 Annual Report



NATIONAL HEALTH FREEDOM
ACTION

Letter from the President

Jerri Johnson



Dear Health Freedom Friends:

I hear this more and more often: **"I want to get involved** to ensure health freedom in my state. What should I do?" I think it's because people are seeing the success of health freedom initiatives. There really are things we can do, and they are working!

For example, take the right of practitioners of the healing arts, their right to practice complementary and alternative non-invasive practices. In forty of the fifty states, practitioners still are vulnerable to charges of practicing without a license. But **in ten**

states, practitioners are very free to practice, and to state publicly what they have to offer with no fear of retribution. That's because **those ten states now have safe harbor practitioner exemption laws**, which give many practitioners an exemption from licensure statutes as long as they avoid prohibited acts in the law. **These laws are working great!** And NHFA is on task to expand the movement to the rest of the country. In 2018, NHFA focused on four states, preparing for introduction of legislation: Iowa, Maine, Massachusetts, and Wisconsin. There was also major foundation-building in Georgia and many other states, preparing for 2019 and 2020.

So, **what can you do?** You can find a few other folks interested in health freedom, and **contact us**. We will set up a conference call with you and talk about first steps in coalition-building in your state and what the process is. In the meantime, see our NHFA Action Resource E-booklet on our website <https://nationalhealthfreedomaction.org>. Click on the Advocacy Resources tab, How to Advocate for Health Freedom and the booklet lays it all out.

There are **many facets of health freedom that require vigilance and action**. Vaccine mandate bills are cropping up in state legislatures all over the country. Parents are saying, "We need to have the right to decide what is injected into our children's bodies." There is concern about pollution of our air and water and soil, and chemicals involved in producing our food. Like glyphosate. And pesticides. There is a need for the protection of access to raw milk, and the right of farmers to produce it. There is the desire for mercury-free dentistry, and freedom from electromagnetic pollution. All of these issues affect our health. And all require action on the part of consumers to protect ourselves.

Thank you for your support for National Health Freedom Action – it makes our work possible. **Please continue to support us. We are here to help mobilize in your state! Give us a call and get started!**

P.S. If you would like to start a health freedom group in your state – contact us! We're here to make that work.



A handwritten signature in black ink that reads "Jerri Johnson".

Jerri Johnson

President, National Health Freedom Action

NHFA's Passion: Reforming health laws to protect access and freedom of choice

Barriers to Health Freedom

Many consumers have lost access to holistic health care practitioners.

Licensed Practitioners practicing holistic approaches can lose their licenses for practicing outside of prevailing and accepted standards of care. **Other practitioners**, such as herbalists, homeopaths, traditional naturopaths and energy workers, are vulnerable to prosecution for practicing a profession without a license. That's why NHFA steps up to change the outdated laws and public policies that put so many practitioners at risk.

Government regulations and laws are blocking people's fundamental rights. Parents are being required to vaccinate their children, or forced to approve chemotherapy treatments for them. Farmers selling fresh produce from the farm are being raided. Many people needing dental care must settle for toxic mercury fillings because of government subsidies. Consumers do not have labels to tell them whether a food is GMO produced.

NHFA is Working for Positive Change

NHFA is working in many states to support health freedom groups and their efforts to change the laws so that they reflect the principles of health freedom.

Right of Practitioners to Practice. NHFA is working to pass safe harbor legislation, protecting the ability of herbalists, traditional naturopaths, homeopaths, and many other practitioners to practice without fear of criminal or civil charges for the unlicensed practice of a regulated health care profession. **There are now ten states** that have some form of Safe Harbor laws! NHFA is committed to taking these victories to the rest of the country to ensure that holistic healing is accessible to all!

Right of parents to make health care decisions for their children. Parents should have the right to decide what kind of health care they wish to use for their children. This includes decisions about vaccination, treatment for illness, and prevention. NHFA works with state health freedom groups to address infringements on parental rights.

Right of citizens to access safe, nutrient-dense foods. Individuals should be able to produce and market organic foods, raw milk and other farm products. Foods produced with genetic engineering (GMO) should be clearly labeled.

NHFA: Working for Health Freedom Rights for All

In 2018, NHFA focused on supporting state advocacy groups protecting consumer access to complementary and alternative health care practitioners and products, and supporting the right of parents to make informed health care choices for their children, including decisions about medical treatments and vaccines.

NHFA is working with state groups to pass safe harbor practitioner exemption legislation for health care practitioners who do not hold state occupational licenses. These bills protect practitioners by giving them exemptions to licensed practice acts. The movement for safe harbor practitioner exemption is surging!

In 2018, NHFA worked intensively in Maine, Massachusetts, Connecticut, Iowa, and Wisconsin, to prepare for introduction of safe harbor bills. NHFA was also in touch with contacts in AL, GA, IA, NC, NY, MI, MO, PA, and SD, about getting a safe harbor practitioner exemption bill introduced. NHFA attorney Anne Gillum spoke at a health expo in Alabama on health freedom.

To date, there are ten states that have some form of safe harbor practitioner exemptions passed. We are committed to seeing passage in all fifty states, to ensure consumers access to practitioners of the healing arts!

NHFA is working to stop monopolistic health care licensure bills that would give one particular group the right to practice but would forbid others from doing so. In New York, Michigan, New Jersey, and Florida, NHFA helped groups oppose legislation that would have enacted restrictive licensure and prevented many other practitioners from being able to practice.

NHFA supports the right of parents to make choices for their children regarding medical care,

including care for chronic illnesses, cancer, and to obtain or decline treatments, including vaccinations. This is an inherent parental right. In California, NHFA supports the work of California Health Coalition to gain back their personal belief exemption for school age vaccines. NHFA also collaborates with Minnesota Vaccine Safety Council, protecting parental rights regarding vaccine decisions.



Anne Gillum, Dana Gorman, Jerri Johnson, Rosanne Lindsay and Brian Hooker at Autism One

Anne Gillum, along with Jerri Johnson, President of NHFA, and Rosanne Lindsay, President of NHFA's sister educational organization, National Health Freedom Coalition, attended the Autism One Conference, participating in discussions on the important right of parents to choose exemptions from vaccine mandates.

Homeopathy: NHFA submitted formal comments to the FDA, opposing an FDA Draft Guidance Document on Substances Labeled as Homeopathic. NHFA holds that even though homeopathic remedies have been legally defined as drugs for decades, remedies should not be regulated as toxic drugs since they are generally regarded as safe. Jerri Johnson and Sally Tamplin, Vice President of NHFA, attended the Joint American Homeopathic Conference in Phoenix.



Jerri Johnson and NHFA Vice President Sally Tamplin with friends at the Joint American Homeopathic Conference in Phoenix.



Jerri Johnson, President of NHFA at the American Herbalist Guild Symposium.

Herbalism: Jerri Johnson attended the American Herbalist Guild Symposium in Georgia, and Rosanne Lindsay attended the Southeastern Wise Women Herbal Conference in North Carolina, and made a presentation on health freedom and safe harbor bills. Anne Gillum gave a health freedom workshop presentation at the Nature's Sunshine Products' Convention on behalf of Sunshine Health Freedom Foundation.

Our Team

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We **welcome** to NHFA our new Board Member, **Lynette Albrecht**, a Physical Therapist in rural Minnesota who is also studying homeopathy. She grew up overseas in Japan where Western medicine, Chinese medicine and other various forms of medicine are routinely combined by consumers. Her interest in health freedom grew as she became more aware about how special interests, pharmaceutical groups, and politics impact consumer health choice.



NHFA Financial Statement for 2018

2018 Statement of Revenue & Expenses

REVENUE:	
Grants, contributions, memberships	131303
Administrative fees	<u>472</u>
TOTAL REVENUE	131775
EXPENSES:	
Wages	98414
Payroll taxes & benefits	11922
Lobbying services	3750
Contracted services	36255
Online services	5703
Storage, utilities, telephone	2582
Travel, lodging & food	7717
Merchant fees, bank fees	486
Administrative fees	472
Depreciation	156
Insurance	282
Supplies	296
Postage, printing	501
Equipment maintenance	114
Booth fees at conferences	550
Advertising	<u>206</u>
TOTAL EXPENSE	169406
Net, REVENUE over EXPENSE	-37631

Balance Sheet, December 31, 2018

ASSETS:	
Checking	63637
Loans receivable	0
Misc receivables	<u>347</u>
TOTAL ASSETS	63984
LIABILITIES:	
NHFC payable	830
Payroll taxes payable	2512
Health benefits liabilities	2605
Wages payable	4574
Accounts payable	<u>2360</u>
TOTAL LIABILITIES	12881
NET ASSETS:	
Program Restricted Net Assets:	16617
Unrestricted Net Assets	<u>34486</u>
TOTAL NET ASSETS	51103
TOTAL LIABILITIES & NET ASSETS	63984

* The CHCA was a fiscally sponsored project of NHFA. In early 2019 it was spun off to an independent 501c4 non-profit that had been formed.

Thank you to our 2018 Donors!

National Health Freedom Action
gratefully acknowledges those whose gifts support our work,
and our health freedoms.

\$100,000 and above

Sunshine Health Freedom Foundation

\$5,000 - \$99,999

NOW Foods, Inc

\$1,000 - \$4,999

Anna Gray

Steve Johnson

Ortho Molecular Products

Anonymous (1)

\$500 - \$999

Sherri Andrade

Kirk Bashaw

Gina Inez

Jerri Johnson

Minnesota Homeopathic Association

Steve Wallack

\$250 - \$499

Marybeth Buchele

Mary Ann Spielberg

Oskar Thorvaldsson

Anonymous (3)

\$100 - \$249

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\$1 - \$99

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Mary Marston

Robert Modaff

Aman Nakagawa

Valerie Noble

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Susan O'Neil

John Ourant

Sheila Parks

Christie Pelzer

Kathryne Pirtle

Judy Schriebman

Dene Schulze-Alva

Janet Simpson

Spirit of Change Magazine

Judy Steele

Charlene Terrana

David Vos

Anonymous (28)



NATIONAL HEALTH FREEDOM ACTION

A 501(c)4 non-profit advocacy organization

Our Vision

A healthy nation, with empowered people, making informed health care decisions.

Our Mission

To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.

Join us and help us ensure your health care choices.

www.nationalhealthfreedomaction.org

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