

# National Health Freedom Coalition

presents

# 2018 United States Health Freedom Congress

A Gathering of State and National Health Freedom Organizations and Leaders

June 10-12, 2018

InterContinental Hotel
11 Kellogg Boulevard East
St. Paul, Minnesota

KEYNOTE SPEAKER

James S. Turner, Esq.
Citizens for Health

# 2018 United States Health Freedom Congress

# A Gathering of State and National Health Freedom Organizations and Leaders

June 10 – 12, 2018 InterContinental Hotel, St. Paul, Minnesota

# SUNDAY, JUNE 10

5:00-6:00 pm Registration & Check-In Great River Ballroom Court

6:00-9:00 pm

# 2018 Health Freedom Meet & Greet

Great River Ballroom

(Beverages and Hors d'Ouevres Provided)

Speaker: Dave Berglund, Owner of Lakeview Dairy—Story of Courage, 7:00-7:30 Jaime Meyer, Drumming workshop, 7:30-9:00

# MONDAY, JUNE 11

### MORNING PROGRAM

8:00–8:50 am Breakfast Buffet

Great River Ballroom 2 & 3

8:00-9:00 am Registration

9:00–9:10 am

Come Together & Stand for Meditation

Welcome

Rosanne Lindsay, President, NHFC

9:10-9:20 am

Reading of International Declaration of Health Freedom and Opening Remarks

Diane Miller, JD, Director of Law and Public Policy, NHFC/NHFA

9:20 – 9:30 am

Sponsorship Appreciation

Jerri Johnson, President, NHFA

9:30–10:00 am

Health Freedom Story of Courage

Mark and David Geier

10:15-11:30 am
Voting Member Organizations
Convene—US Health Freedom
Congress Circle and Business

11:30-11:40 am

Introduction of Wisdom Speakers Theme: Wisdom and Its Application, 'A Sacred Synthesis'

11:40 am – 12:10 pm Intro and Speakers

Diane Miller, National Health Freedom Coalition Jerri Johnson, National Health Freedom Action

# AFTERNOON PROGRAM

12:15 – 1:30 *pm* Lunch

Great River Ballroom 2 & 3

1:30-5:15 pm Wisdom Speakers

Scott Tips, Peter McCarthy, Leo Cashman, Julie Whitman Kline, Camilla Rees, Robert Scott Bell

5:15–5:30 pm
Open Space Instructions
for Tuesday
Denise Premschak

EVENING PROGRAM

EVENING PROGRAM

5:30-6:30 *pm* Dinner

Great River Ballroom 2 & 3

### **EVENING PROGRAM**

6:45-8:00 pm

**Workshop: Lobbying 101** 

Diane Miller, JD

8:15-9:45 pm

Movie

The Pathological Optimist—A Profile of Dr. Andrew Wakefield

# TUESDAY, JUNE 12

### MORNING PROGRAM

8:00-8:50 am Breakfast Buffet

Great River Ballroom 2 & 3

9:00-9:30 am

**Health Freedom Story of Courage** 

David Stephan

9:30-11:30 am

**Open Space Work Session** 

11:30 am-12:00 pm

**Health Freedom Story of Courage** 

Michelle Krinsky, RN

### AFTERNOON PROGRAM

12:00-1:15 pm

Lunch

Great River Ballroom 2 & 3

1:15-3:30 pm

Open Space Work Sessions and

**Close of Open Space** 

3:30-4:10 pm

Reconvening Health Freedom
Congress and Voting Member Circle

**Voting Member Session** 

4:10-4:30 pm Closing Circle

# EVENING PROGRAM

6:30 pm

**Health Freedom Awards Banquet** 

Awardee Presentations and Keynote Speech with James Turner

"Health Freedom...Use It or Lose It Lessons from 50 Years of Activism"

Sit-Down Organic Dinner

Great River Ballroom 2 & 3

9:30 pm-Midnight
Dance with DJ

Beverages—Bring your dancing shoes and relax and enjoy the fun!

# **CONGRESS PURPOSE**

- To bring together key organizations and leaders in the United States Health Freedom movement;
- To experience an egalitarian gathering of autonomous and diverse leaders, where leaders communicate face-to-face in a large round (Congress-style format);
- To increase collaboration and inspire each other to unity and solidarity;
- To identify top health freedom issues and topics that are impacting health freedom;
- To find areas of common ground and pass resolutions;
- → To work together to identify strategies for enhanced health freedom; and
- To celebrate the health freedom movement and give awards honoring successful leaders.

# VOTING MEMBERS IN ATTENDANCE

California Health Freedom Coalition

Citizens for Health

CoMed, Inc.

Consumers for Dental Choice

DAMS, Inc. (Dental Amalgam Mercury Solutions)

ElectromagneticHealth.org

Farm and Ranch Freedom Alliance

Farm to Consumer Legal Defense Fund

**Health Choice** 

**HealthKeepers Alliance** 

Michigan Natural Health Coalition

Minnesota Natural Health Coalition

Minnesota Natural Health Legal Reform Project

**Moms Across America** 

**National Health Federation** 

**National Health Freedom Action** 

**National Health Freedom Coalition** 

**National Vaccine Information Center (NVIC)** 

North American Society of Homeopaths (NASH)

Oklahoma Health Freedom Action Network

**Sunshine Health Freedom Foundation** 

**Texas Health Freedom Coalition** 

The Robert Scott Bell Show

Truehope, Inc.

Voice for HOPE - Healers Of Planet Earth

Weston A. Price Foundation

Wisconsin Health Freedom Coalition

# **ABOUT THE CONGRESS**

The 2018 US Health Freedom Congress is the 12th national health freedom gathering hosted by the National Health Freedom Coalition. It brings together health freedom leaders and organizations from across the country to strengthen the health freedom movement. The public is welcome!

Attendees Meet and Greet Sunday evening followed by a drumming circle.

On Day 1, Voting Members meet 'in the round' to convene the Congress, and attendees are inspired by words of wisdom from seasoned health freedom leaders.

On Day 2, all attendees participate together in Open Space sessions to dialogue, collaborate and strategize on action plans.

Highlights include a lobbying workshop by Diane Miller, film, and Health Freedom Awards Banquet with keynote speaker James Turner. A dance with DJ culminates the event.

# 2018 HEALTH FREEDOM CONGRESS STAFF

## **CONGRESS MODERATORS**

Diane Miller, JD Rosanne Lindsay, President, NHFC

### **PARLIAMENTARIAN**

Anne Gillum, JD

### **OPEN SPACE MODERATOR**

Denise Lewis Premschak, Voice for HOPE

### **SPONSORSHIP**

Jerri Johnson, Public Relations, NHFC

# **CONGRESS PROGRAM DIRECTOR**

Rosanne Lindsay, President, NHFC

### **CONGRESS PLANNER AND REGISTRAR**

Judy Buroker

### **CONGRESS PLANNER ASSISTANT**

Shannon Mickelson

### **CONGRESS ASSISTANTS**

Gayle Bowler, Barbara Brockway, Sue Kraemer, Deborah Tenner, Annette Wuertz, Patti Wilder, Anne Temple, LuAnn Raadt, Sarah Koster



# "Health Freedom...Use It or Lose It Lessons from 50 Years of Activism"

# Jame S. Turner, Esq.

Washington, DC, Attorney at Law, Citizens for Health, National Institute for Science, Law and Public Policy, The Transportation Review



James Turner, a principal since 1973 in the Washington, DC, law firm of Swankin & Turner, represents businesses, individuals and consumer groups on food, drug, health, environmental and product safety regulatory matters. He served as special counsel to the Senate Select Committee on

Food, Nutrition, and Health and the Senate Government Operations Subcommittee on Government Research. He was lead attorney on a successful petition to the FDA to permit legal U.S. importation and distribution of Acupuncture needles. He lobbied successfully for the Organic Food Production Act and The Nutrition Education and Labeling Act, both of 1990, and the Dietary Supplement Health and Education Act of 1994 (DSHEA).

He is a 1969 graduate of The Ohio State University Moritz College of Law, served as a gunnery and nuclear weapons handling officer in the U.S. Navy, and wrote "The Chemical Feast: The Nader Report on Food Safety at the FDA."

# 2018 HEALTH FREEDOM AWARDEE

# James Turner

Awarded for his decades-long dedication to and passion for the Health Freedom Movement and for inspiring others to become health freedom advocates themselves.



# MONDAY EVENING WORKSHOP

6:45-8:00 pm

# **Lobbying 101**

Diane Miller, JD



Diane Miller's Lobbying Workshop 101 will provide Diane's top recommendations for individuals who wish to get involved in advocating for things they are concerned about, and for those who want to lobby a bill forward at a legislature. Her goal is to help citizens understand and implement successful lobbying strategies.

Diane Miller JD is an attorney and Director of Law and Public Policy for National Health Freedom Coalition (NHFC) and its sister lobbying organization, National Health Freedom Action (NHFA).

As the Co-Moderator of the US Health Freedom Congress and as an educator, lobbyist, and advocate for collaboration among health freedom leaders, Miller works to teach and implement the principles of health freedom in all areas of health including protecting the right of all people to access all health care information, services, treatments and products that the people deem beneficial for their own health and survival.

Diane Miller is author of "The Principles of Health Freedom". "I believe that laws and customs must be carefully reviewed, revised, and even repealed if necessary, and new ones created, to reflect the continual development, evolution, and spiritual maturation of a people."—Diane Miller, JD, www.nationalhealthfreedom.org

# MEETING IN OPEN SPACE

**Open Space** is a meeting technology used by organizations all over the world to bring diverse individuals together in a self-ordered environment that fosters interaction and creativity, empowers collaboration, and creates meaningful outcomes.

At Congress, it is a container for connecting with important allies to enrich ongoing work, advance action, and reinvigorate everyone's spirit. Participants will come to Open Space with fresh inspiration and insight having heard seasoned health freedom leaders' present experiences and learnings related to Wisdom and Its Application. New and renewed strategies will emerge, bolstered by the last five years of conscious dialog and synergetic momentum.



Denise Lewis Premschak is a facilitator of personal growth, leader awareness, and collaborative process. Her focus is on expanding how leaders show up, how organizations do things, and what gets done. Her passions lie in the realm of human potential, community-building, deeper learning, and conscious dying. She is on the

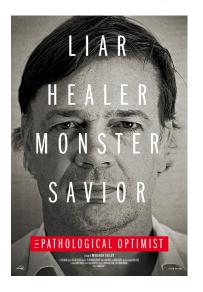
board of Voice for HOPE [HealersOfPlanetEarth] and a voting member of the Congress.

# SPECIAL SCREENING

# The Pathological Optimist:

A Profile of Dr. Andrew Wakefield

Director: Miranda Bailey Monday, June 11, 8:15 pm



"An exacting documentary, The Pathological Optimist, no clear point of view on its provocative subject, Dr. Andrew Wakefield, whose 1998 research linking the MMR vaccine to autism birthed an ardent antivaccines movement. Regardless of where you stand on the vaccination issue, it's possible to relish Miranda Bailey's highly informative, anger-arousing film, and to feel it's promoting your own views."

- Film Journal

# RADIO BROADCAST

# The Robert Scott Bell Show

Broadcasting LIVE

Monday and Tuesday, June 11 and 12, 6-8 pm



Robert Scott Bell hosts the fastest two hours of healing information on the radio, dealing with everyday health issues from the perspective of alternative/holistic health care. Robert Scott Bell tackles the tough issues and shows no fear when confronting government and corporate bullies who would stand in the way of health freedom.

You will be amazed by the amount of information about healing that is kept secret from you and what you can do to learn more about it!

# Stories of Freedom, Stories of Courage

# Dave Berglund

Dave Berglund is a 'plain old dairy farmer' who stands up vigorously for the right to sell dairy products, including raw milk, to willing people who come to his farm. Dave believes in the freedom of choice, and the right of people to purchase the healthy, good food that they wish to consume, and is engaged in continual struggle with the Minnesota Department of Agriculture to protect that right. Dave farms with his wife, Heidi, and his three children at Lakeview Natural dairy, near Grand Marais, Minnesota.

# Michelle Krinsky

Michelle Krinsky is a registered nurse in the state of Ohio with an expertise in Neonatal nursing. Her position of 29 years in the Special Care nursery was terminated for refusing to take the flu vaccine. No exemptions were allowed in her unit.

# David Stephan

Throughout all the struggles that David and Collet have endured, after wrongfully being found guilty by the Crown for failing to provide for their son, David has learned that love is the only way forward. "As my healing from this bitterness largely came, not only through my learning to share love with those around me, but also in the love that was shared with me, I have found myself beginning to love those who I once deemed unloveable."

# David & Mark Geier

See Awardee page.

Stories of Freedom, Stories of Courage celebrate those who stand up, while also inspiring those working toward freedom, strengthening relationships, and encouraging collaboration.



Washington Homeopathic Products
Proud sponsor of the
US Health Freedom Congress.

# SAFE, NATURAL & EFFECTIVE homeopathyworks.com

Call us for all of your homeopathic needs. 304-258-2541 or Toll Free 800-336-1695

Claims based on traditional homeopathic practice, not accepted medical evidence.

Not FDA evaluated.

# 2018 Health Freedom Awardees



### Dr. Mark Geier and David Geier

Awarded "For their courageous, successful legal challenges against the Maryland Board of Physicians. Dr. Mark Geier won his case, brought against the Board, for breach of medical privacy and obtained \$2.5 million in damages—half of which is to be paid individually by the Board's members and attorney. David Geier won his case, brought against him by the Board, for charges of practicing medicine without a license."

### **Biographies**

Mark R. Geier, MD, is a Fellow of the American College of Epidemiology. He was a research scientist at the National Institutes of Health, and assistant professor at Johns Hopkins School of Medicine. He practiced clinical medicine for over 30 years and treated more than 1,000 patients diagnosed with autism and other neurodevelopmental disorders. He coauthored more than 150 studies in academic journals and is the co-founder and co-director of the nonprofit Institute of Chronic Illnesses, Inc, and the nonprofit CoMeD, Inc.

**David A. Geier** has coauthored more than 100 studies in academic journals and medical textbook chapters and presented at numerous academic conferences. He is the co-founder and co-director of the non-profit Institute of Chronic Illnesses, Inc, and the non-profit CoMeD, Inc. Mr. Geier participated on behalf of CoMeD, Inc, at multiple meetings of the UN Environmental Programme to prepare a global legally binding treaty on mercury to help reduce global human mercury exposure and harm.



John Melnychuk
California Health Freedom Coalition

and





Awarded "For their leadership and quick action to amend California Bill 796, the Naturopathic Physician law, to retain the protection of the traditional naturopath titles for CA. They were truly instrumental in activating the CA natural health community to support their efforts so that the titles "naturopath," "naturopathic practitioner," and "traditional naturopath" remain in the public domain."

### **Biographies**

John Melnychuk is a professional homeopath with a thriving family practice in Palo Alto since 1994 (<a href="www.paloaltohomeopathy.com">www.paloaltohomeopathy.com</a>). He has extensive experience and is well known for his effectiveness in treating children and adults with behavioral, developmental and neurological complaints. It is his particular delight to treat children. John's work is described in the book, <a href="mailto:Impossible Cure: The Promise of Homeopathy">Impossible Cure: The Promise of Homeopathy</a>, by Amy Lansky, PhD. This book describes homeopathy and how it cured her son of autism.

**Kirk Bashaw** is a Senior National Manager with Nature's Sunshine Products due to his partnership in Bashaw Life Center. Kirk calls Fairport, New York, home, but travels often to work in the Richmond, Virginia, office his parents opened some 30 years ago. Through many years of study Kirk has attained his certificate in Nutritional Counseling and his Doctor of Naturopathy from Trinity College of Natural Health. Kirk is also a Voice Bio Sound Therapist.

# In Recognition of Outstanding Leadership FOR HEALTH FREEDOM

# OAMF — Ohio Advocates for Medical Freedom Donna Jo Kazee, Member

Awarded "For their coordination of the Region 5 states in standing up to the federal Office of Child Care, which was attempting to condition receipt of federal funds under the Child Care and Development Block Grant Act of 2014 upon Ohio needing to do corrective action involving eliminating vaccine exemptions based on "conscience" from their existing law. Their successful resistance resulted in a determination by the Office of



Child Care that states have flexibility in deciding how to address exemptions and that NO STATE would be under corrective action for exemption language."

## **Biography**

Ohio Advocates for Medical Freedom is a non-partisan group advocating for your right to accept or decline any medical treatment or procedure. OAMF is comprised of ordinary people who have come together with one goal in mind: the preservation of medical freedom. Founded in 2015, OAMF is a diverse group of people with professions including doctors, nurses, engineers, lawyers, and other healthcare providers. We all share the same concern and have learned that the only way to stop medical mandates and the infringement on medical rights is to organize and push back against bad legislation and policies. We base our strategies in fact and truth and present that information to the public and legislators.



Food for Maine's Future Betsy Garrold, President

and

Heather Retberg Quill's End Farm



Awarded "For passing into law Maine LD 725, titled An Act to Recognize Local Control Regarding Food Systems. With the passage of LD 725, which states that "a municipal government may regulate by ordinance local food systems, and the state shall recognize such ordinances", Maine became the second state in the nation to allow consumers to buy directly from farmers and food producers regardless of the state and federal licensing and inspections that would otherwise apply."

# **Biographies**

A retired nurse and midwife, **Betsy Garrold** devotes herself to writing and activism on local farming and food rights. She currently serves on several boards: Food for Maine's Future, the Belfast Co-op and as Vice President of the National Family Farm Coalition. She is a worker-owner at the Fedco Seed Cooperative and a lobbyist for the Farm-to-Consumer Legal Defense Fund. She blogs at <a href="thepopulistfarmer.wordpress.com">thepopulistfarmer.wordpress.com</a> and homesteads at her farm, The Shire, in midcoast Maine.

Heather Retberg farms with husband Phil at Quill's End Farm, a small, diversified, grass-based farm in Penobscot, Maine, where they raise dairy cows and goats, laying hens, broilers, and pigs. She is a lead advocate for Local Food RULES to help towns in Maine adopt rules for the control of local food systems. She serves on the board of Food for Maine's Future and has helped draft legislation for food freedom.

# WORDS OF WISDOM SPEAKERS



# Julie Whiteman-Kline Trinity School of Natural Health

**Biography:** Julie Whitman-Kline is CEO of the Whitman Group, a family-owned collection of companies specializing in natural health education, events, products and services.

She is a businesswoman overseeing 13 different companies within the Whitman Group, a wife and mother of three growing children and is active in her church and community. Since her teen years she's worked with her family and alongside her father, Dr. Wendell Whitman. His primary focus was on natural health due to his personal health challenges. Because of his positive experience with natural healing he realized the public's need for accessibility to alternative approaches that were natural, affordable, gentle and effective. He expanded his vision in a community of companies emphasizing natural health education, products and services. Consequently, Julie developed an in-depth understanding of the rapidly growing natural health market.



# Camilla Rees ElectromagneticHealth.org

Biography: Camilla Rees, MBA is a leading health educator, researcher, activist and author focused on the biological and health effect of electromagnetic fields. She was recently awarded the '2018 Public Health Award' by the Global Foundation for Integrative Medicines.



# Robert Scott Bell The Robert Scott Bell Show

Biography: In broadcast media since 1999, The Robert Scott Bell show broadcasts LIVE Sundays through Fridays on GCN. As a homeopath, Robert has dedicated his life to revealing the healing power within us all. He co-authored "Unlock the Power to Heal" with Ty Bollinger. Robert and his wife are parents of 2 vaccine-free children.

# WORDS OF WISDOM SPEAKERS



# Scott Tips National Health Federation

**Biography:** Scott Tips is the President and General Counsel for the National Health Federation. He has participated in more Codex meetings than any other health-freedom activist, and for more than 33 years has been an attorney specializing in FDA law.



# Peter McCarthy Texas Health Freedom Coalition

**Biography:** Peter McCarthy is the founding chair of the Texas Health Freedom Coalition (THFC). A naturopathic doctor and retired military/commercial pilot, he has over 13 years of legislative advocacy experience.



# Leo Cashman Dental Amalgram Mercury Solutions

**Biography:** Scott Leo Cashman is the Director of Dental Amalgam Mercury Solutions (DAMS). He is also a co-founder of National Health Freedom Coalition as well as a health and environmental writer and activist.



# Sunshine Health Freedom Foundation

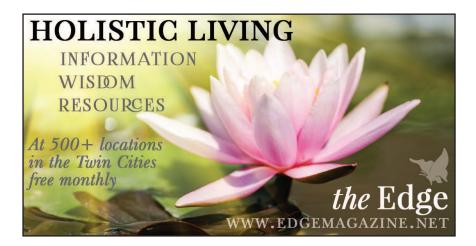


We are blazing a trail for generations to come that will allow our children to have health freedom

www.sunshinehealthfreedom.com



# For health, justice, sustainability, and democracy





# Minnesota Integrative Care Advocates Embracing all forms of the Healing Arts

"Supporting Options

for Integrative Therapies in

Health Care Decisions"

- ...To protect consumers freedom of health care choices
- ...To ensure a higher standard of health care and wellness
- ...To ensure everyone has access to all forms of therapy

Follow us on Facebook at Minnesota Integrative Care Advocates 612.599.6288

# HEALING. ENERGY. MOVEMENT. MEDITATION.

**Spring Forest Qigong** is a simple and highly effective system to help you awaken the *healer within*, to heal yourself and others—including animals. By removing energy blockages and balancing the body's energy, greater health and wellness can be achieved. Anyone, regardless of ability, age, or beliefs, can easily use the techniques of Spring Forest Qigong to become healthier and happier.

"A healer in every home, and a world without pain and suffering."

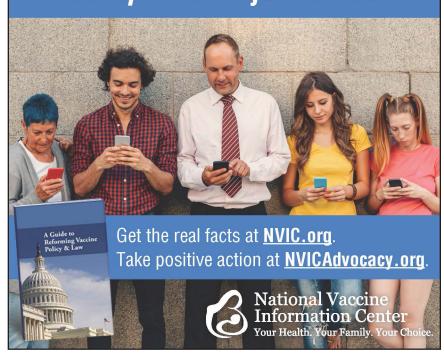
-Master Chunyi Lin, Founder



SPRING FOREST QIGONG

952.593.5555 www.springforestqigong.com

# Got questions about vaccines and vaccine exemptions in your state?





# Sage Mountain Herbal Retreat Center & Botanical Sanctuary

Supports Health Freedom for all and is a grateful sponsor of the 2018 US Health Freedom Congress

Sage Mountain Herbal Retreat Center P.O. Box 420, E. Barre, Vermont 05649 sage@sagemountain.com www.sagemountain.com



# **Products and Services for a Sustainable World**

Agri-Dynamics was founded in 1979 to provide natural products for livestock animals. Over the years our line has evolved to include equine, small pet and human health products and services. Today, we proudly offer products and services for horticulture, golf course and turf management, viticulture, orchards, and greenhouses. What hasn't changed is our ongoing commitment to the health of the family farm and our planet.

www.agri-dynamics.com



# Dr.Clark Research Association

Zappers Cleansers Equipment Herbs Herbal Tinctures Nutritional Supplements and more

Dr. Clark Research Association 8135 Engineer Road San Diego, CA 92111 Call us now toll free 1–800–220–3741 www.drclark.com





SPECIAL OFFER:

# Take \$10 off

your purchase of \$75 or more.
Offer expires December 31, 2018

Mention Discount Code IND802A

LifeExtension.com/IND802A

Call 1-888-816-4548

# LifeExtension

Stay Healthy, Live Better

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Mercola.com
Take Control of Your Health
Since 1997



# natural awakenings

healthy living. healthy planet.

Free Monthly Magazine

NaturalTwinCities.com

MKAQAV180409

# **ASSOCIATE SPONSORS**

ElectromagneticHealth.org Farm to Consumer Legal Funds Iowa Holistic Dentistry Sonne's Organic Foods, Inc.

# **CONGRESS BOOSTERS**

Galen's Way Botanicals V. E. Irons, Inc. Way Better Snacks

Special thank you to
Focus for Health
Robert P. Rotella Foundation
William Rand Company

# **OUR APPRECIATION GOES TO**

tangiblevalues™

For all of our Health Freedom Congress printing needs

# NATIONAL HEALTH FREEDOM COALITION

# MISSION STATEMENT

To promote access to all health care information, services, treatments, and products that the people deem beneficial for their own health and survival; to promote an understanding of the laws and factors impacting the right to access; and to promote the health of the people of this nation.

# **BOARD OF DIRECTORS**

# **Rosanne Lindsay**

President of NHFC and Nature of Healing, Naturopath

# **Stephanie Anderson**

**Renew Wellness** 

### Leo Cashman

NHFC Treasurer/Secretary and Ex. Dir. DAMS Inc.

### Barbara Ford

Social Media Coordinator and Herbalist

### Diane Miller, JD

Director of Law and Public Policy

Peter Helgason

# www.nationalhealthfreedom.org

PMB 218, 2136 Ford Parkway, St. Paul, MN 55116-1863 507.663.9018 phone • 877.698.5528 fax

# We Thank Our Generous 2018 Sponsors

# **GOLD SPONSOR**

Sunshine Health Freedom Foundation



# **HEALTH FREEDOM LUNCH SPONSORS**





# **PROMOTING SPONSORS**







# **SUPPORTING SPONSORS**























Special thank you to
Focus for Health
Robert P. Rotella Foundation
William Rand Company

### **ASSOCIATE SPONSORS**

ElectromagneticHealth.org Farm to Consumer Legal Funds Iowa Holistic Dentistry Sonne's Organic Foods, Inc.

### CONGRESS BOOSTERS

Galen's Way Botanicals V. E. Irons, Inc. Way Better Snacks