

NHFA
Annual
Report
2015

Reforming
Health Laws to
Protect Access
and
Freedom of Choice
\*\*\*

Truthful Information
Products
Holistic Practitioners
Health Choices



# A Letter from the President Jerri Johnson

April, 2016

Dear Health Freedom friends:

When I think back on all of the health care practitioners I have received services from over the years, I am so grateful to have had the choices I have had - and the opportunity to make those choices. What a rich array of healing services there are in the world! And some have been extremely valuable for me and my family. Others may be valuable for you. It's important that we each get to figure out what is best for ourselves.

I am glad that I got to make choices about vaccinations when I was a young mom with babies. I want today's moms and dads to have those same options.

I value access to clean air and pure water and organic foods. And I value the information that enables me to make healthy choices every day.

This is why National Health Freedom Action exists – to safeguard our current choices, and to increase them even more. Today, healing practitioners are still being charged with practicing medicine without a license. Or maybe practicing dietetics without a license, or naturopathy without a license, or massage therapy without a license. Licensing laws exist in some states that make it illegal for some people to help other people get well, even in gentle, safe, non-toxic ways. Healing therapies that should be in the public domain get engulfed in turf battles that give one particular group of practitioners, with a particular education, from particular schools, the exclusive right to offer those healing methods. And new legislation is introduced every year to create more "protected turfs". NHFA is there to watch for such bills and to mobilize health freedom minded folks in those states to stop bad bills, or, even better, to create new legislation, like safe harbor legislation that gives healers exemptions to practice legally. NHFA helps new state health freedom groups get started, and guides them through the process of working to change the laws.

NHFA also collaborates with other likeminded groups to support campaigns for GMO labeling, access to raw milk, and parental rights to choose vaccine exemptions. Thank you for your support of NHFA — without it, we couldn't do the work that we are passionate to do!

In health freedom,

Jerri Johnson

President, National Health Freedom Action

P.S. If you would like to start a health freedom group in your state – contact us! We're here to make that work.

### **Our Core Work**

#### **Barriers to Health Freedom**

Consumers are losing access to holistic health care practitioners. Licensed practitioners practicing holistic approaches can lose their licenses for practicing outside of prevailing and accepted standards of care. Other practitioners, such as herbalists, homeopaths, traditional naturopaths and energy workers, can be prosecuted for practicing medicine without a license. That's why National Health Freedom Action steps up to change the outdated laws and public policies that put so many practitioners at risk.

**Government regulations and laws are blocking people's fundamental rights.** Parents are being required to vaccinate their children, or forced to approve chemotherapy treatments for them. Farmers selling fresh produce from the farm are being raided. Many people needing dental care must settle for toxic mercury fillings because of government subsidies. Consumers do not have labels to tell them whether a food is GMO produced.

### NHFA is Working for Positive Change!

NHFA is working in many states to create health freedom groups and to support these groups in their efforts to change the laws for health freedom.

#### **NHFA TEAM**

JUDY BUROKER Administrative Assistant

**LEO CASHMAN** *Accountant* 

**DIANE MILLER JD** *Director of Law and Public Policy* 

ANNE TENNER JD

Assistant Attorney

#### **BOARD OF DIRECTORS**

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lowa Holistic Dentistry

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## Right of practitioners to practice

NHFA is working to pass safe harbor legislation, protecting the ability of herbalists, traditional naturopaths, homeopaths, and many other practitioners to practice without fear of criminal or civil charges for the unlicensed practice of a regulated health care profession. There are now ten states that have some form of Safe Harbor laws! NHFA is committed to taking these victories to the rest of the country to ensure that holistic healing is accessible to all!

Right of parents to make health care decisions for their children

Parents should have the right to decide what kind of health care they wish to use for their children. This includes decisions about vaccination, treatment for illness, and prevention. NHFA works with state health freedom groups to address infringements on parental rights.

Right of citizens to access safe, nutrient-dense foods

Individuals should be able to produce and market organic foods, raw milk and other farm products. Foods produced with genetic engineering (GMO) should be clearly labeled. NHFA is active in working toward all of these freedoms.

# NHFA: Working on Many Fronts for Health Freedom!

National Health Freedom Action worked in many states in 2015 to ensure access to the holistic practitioners, products, and information for all citizens across the country. NHFA collaborated with other health freedom organizations, and provided strategy coaching, drafting of bills, amendments, and testifying at hearings.

### Nevada passes nation's tenth safe harbor law!

We are thrilled that 2015 culminated many years of effort by the leaders in Nevada to pass legislation that now gives many NV holistic healers an exemption from medical practice acts. Diane Miller, JD, traveled to NV to lobby for this bill, and worked with NV lobbyist and leaders up until final passage. Congratulations, Nevada, on becoming the tenth state with a safe harbor law!



Photo: Nevada Lobbyist Alexis Miller, and Health Freedom Advocate and herbalist Jim Jenks.

### NHFA strongly opposed CA SB277, which removes parental choices on vaccination

NHFA worked hard, together with California activists and other health freedom groups, to oppose SB 277, the draconian law which severely restricts CA parents' ability to decline vaccines for their children. Despite tremendous grass roots mobilization and Herculean efforts, this bill passed. NHFA has been advocating and staying in constant contact with California leaders since the passage to work toward overturning this law which tramples on the right of parents to make decisions regarding their children's health care.



NHFA Director of Law and Public Policy Diane Miller, spoke at a rally in 2015 in Sacramento, CA, in opposition to SB 277.

### NHFA joins groups across the country and calls for labeling of GMO's

Ever since Vermont made history by passing a bill requiring labeling of GMO's, there have been efforts by industry and trade groups to overturn this state law or pass federal legislation to nullify it. Consumers have the right to know whether the foods they are purchasing have been genetically modified or not. NHFA worked with other health

freedom groups in 2015 and sent out action alerts to our members to get messages to our legislators to keep transparency for consumers.

YES ON GMO LABELIN

Thousands of

consumers took action on NHFA alerts. We need to work together, every individual, and all organizations, to build a huge and evergrowing grassroots presence that stands for

food freedom-the right to grow, and to access, foods that are nourishing and safe.

### NHFA drafts formal comments on Hawaii proposal to license Herbal Therapists

In Hawaii, a proposal was made to study whether herbalists should be required to be



state licensed.
National Health
Freedom Action
opposed this idea,
and submitted
formal comments
arguing that
licensure would
unnecessarily
restrict many HI
practitioners from

offering herbal remedies to their clients. Requiring licensure, and a particular government-mandated course of education for herbal licensure, would jeopardize consumer access to many wonderful traditional herbalists, wellness consultants, health coaches, and many other holistic practitioners practicing in the public domain. We were gratified that ultimately, the study regarding herbal therapist licensure concluded that it was not recommended that herbalists have state licensure in Hawaii. "Proponents of regulation could not provide evidence that herbal therapy presents a clear and present danger to consumers", and "regulation of herbal therapists could artificially increase the costs of herbal therapy to consumers."

### NHFA helped oppose the flood of vaccine bills in numerous states

Simultaneously during the movement and passage of CA SB 277, bills to restrict parental choice on children's vaccinations were introduced in many other states. NHFA tracked dozens of bills and was in

touch with health freedom groups across the country and is appreciative of the many groups that succeeded in defeating onerous bills that threatened to remove parent's ability to claim a religious or philosophical exemption from vaccine mandates.



NHFA with MN vaccine exemption activists successfully opposing SF 380/HF 393.

### NHFA working in many states to protect access to healers

NHFA is in contact and supportive of many state health freedom groups to help pass safe harbor bills that protect consumer access to holistic practitioners such as homeopaths, herbalists, and wellness coaches. Notably, in addition to Nevada's safe harbor bill, bills were active during the 2015 session in Massachusetts, Wisconsin, and Ohio; however those bills have not

passed yet. The goal is to continue supporting individuals and groups working in this area until there



is nothing short of all 50 states ensuring legal access to holistic practitioners!



# NATIONAL HEALTH FREEDOM ACTION

**Board of Directors** 

PMB 218, 2136 Ford Parkway St. Paul, MN 55116-1863 Phone 507-663-9018 Fax 507-663-9013 E-mail: info@nationalhealthfreedom.org www.nationalhealthfreedom.org Bruce Curtis Larry Hanus Jerri Johnson Anthony Stephan Bonita Yoder

#### **Financial Statements for 2015**

Statement of Revenue and Expense		Balance Sheet – December 31, 2015	
REVENUE:		ASSETS:	
Grants	120750	Cash	33170
Contributions	19356	Misc Receivables	146
Memberships	345	TOTAL ASSETS	33316
TOTAL REVENUE	140451		
		LIABILITIES:	
EXPENSE:		Accounts payable	5428
Wages	93840	Payroll taxes payable	3241
Payroll taxes & benefits	7804	Loans & misc payables	3863
Contracted services	4867	TOTAL LIABILITIES	12532
Supplies and merchant fees	1252		
Postage, copying and printing	507	NET ASSETS	20784
Telephone	1770		
Rent and utilities	5094	<b>TOTAL LIAB &amp; NET ASSETS</b>	33316
Equipment maint & repair	205		
Action alert & online expense	4310		
Travel & transportation	3220		
Lodging and food	1338		
Insurance	23		
Depreciation	284		
Filing fees and miscellaneous	25		
TOTAL EXPENSE	124539		
Net, Revenue over Expense	15912		

Our United Vision

A healthy nation, with empowered people, making informed health care decisions.

# National Health Freedom Action gratefully acknowledges those whose gifts support our work, and our health freedoms.

#### January 1, 2015 – December 31, 2015

Karen Lyke

	Tiffani Manley	
Sunshine Health Freedom Foundation	Kristine Nelson	
	Maureen Rubino	
\$5000 - \$99,999	Cherri Saltzman	
	Norm Shealy	
NOW Foods, Inc	Mary Spielberg	
Anonymous (1)	Judith Steele	
	Sally Tamplin	
\$1000 - \$4999	Michael Tierra	
	James M. Tighe	
Herbs, Etcetera	Steve Wallack	
Steve Johnson	Sally Weatherly	
Minnesota Homeopathic Association	Anonymous (7)	
Ortho Molecular Products		
	\$1 - \$99	
\$500 - \$999	Lauren Ayers	
	Declan Banfield	
Randy & Ellen Bench	Tammi Breidinger	
Oskar Mar Thorvaldsson	Brenda Bryan	
	Kim Casto	
\$250 - \$499	Christine DiVinere	
	Kristin Domela	
Sherri Andrade	Barbara Edson	
Marybeth Buchele	Lisa Emeott	
Jerri Johnson	Cristina Esposito	
Anonymous (1)	Gerald & Loretta & Janell Flora	
	Roxanne Friedenfels	
\$100 - \$249	Sharon Gogan	

\$100,000 and above

Lynette Albrecht

**Earthsong Herbals** 

Julia Graves

Renita Herrmann

Claiborne Holtzman

Andre Kulisz

Kathryn Loeb

Jade Anthani Lauryne Marta Lettofsky Susan Ludington Eugenia McGrath Mary Elise Miller Kathleen Monaghan Elizabeth Jayne Neal Marina Pastor Alan Phillips Jeanie Porter Patricia Regalia Irene Robinson **Helen Rollins** Erin Patricia Saunders Kimberley Selle Rena Joy Shamie Janice St. Cyr **Trent Tevis** David Vos Amy Wilson Anonymous (12)

#### Mission Statement of National Health Freedom Action

Linda Hedquist

Mark Hoch

Debra Hultgren

M Hunter

Rajan Khokhar

Alice Kitzmann-Bates

Beth Knudtsen-Spears

Deborah Krause

To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure and protect the right of practitioners of the healing arts to practice, and to work to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying in order to accomplish the goal of health freedom.

### **National Health Freedom Action**

A 501(c)4 non-profit advocacy organization
"promoting freedom of access to health care"

Our Vision: A healthy nation, with empowered people, making informed health care decisions.

Our Mission: To ensure that the people of this nation have access to the broad domain of healing and health care information and services, to ensure the right of practitioners of the healing arts to practice, and to educate the public, promote health and well-being, conduct surveys and research, and participate in legislative, regulatory, legal, or public policy-reform and lobbying to accomplish the goal of health freedom.

Working nationally, internationally, and statewide to ensure your Health Freedom!

Join us and help us ensure your health care choices. www.nationalhealthfreedom.org/nhfa

#### **National Health Freedom Action**

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**Return Service Requested**